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Be sure to go early to skip the food truck lineups, and go hungry. With all the options, you're going to want to arrive with room for at least one meal. Le Tigre is a great place to try roasted beet fries and La Bohème has freshly made buckwheat crêpes.

The market is held in the east parking lot and plaza at Nat Bailey Stadium at 4601 Ontario St. at 30th Ave. every Saturday from 10 a.m. to 2 p.m. It's a 10-minute walk from the King Edward SkyTrain Station.

PHOTO: THINKSTOCK

At Lynn Canyon Park and Suspension Bridge put on your hiking boots and take a trip up north — to the North Shore, that is. Lynn Canyon Park in North Vancouver is a temperate rainforest at the foot of Mt. Seymour. Walk through the western red cedar, Douglas fir, western hemlock and sitka spruce, and venture across the Lynn Canyon Suspension Bridge over Lynn Creek. The hiking trails run from about one to six hours.Also enjoy catching trout at Rice Lake which is a one-hour hike from the trailhead.

The park is located 30 minutes from downtown Vancouver across the Second Narrows Bridge at 3663 Park Road, North Vancouver.

Chinese Garden. PHOTO: DR. SUN YAT SEN

Dr. Sun Yat Sen Chinese Garden is a quiet oasis in Vancouver's historic Chinatown, the garden was built in 1986 in the style of a scholar's garden from 15th-century Ming Dynasty China. Skilled Chinese and Canadian builders constructed the traditional wooden buildings using joinery without glue, nails, or screws. A guided tour is included with the price of admission and finishes with a cup of Chinese tea. Admission is $10 to 12 and kids under age five get in free.

Don't miss the 40-foot-long snake sculpture, introduced into the garden this January to celebrate the Year of the Snake. Made out of green willow and other organic matter, it will sprout and grow until the exhibition finishes at the end of April.

The garden is lcoated at 578 Carrall Street near the corner of Carrall and Keefer in Chinatown and is a five-minute walk from Stadium SkyTrain Station.

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Lost but not forgotten

22nd annual memorial march honours the Downtown Eastside's missing and murdered women PAGE 3

MALHOTRA DONE FOR THE SEASON

CANUCK TRIED TO REGAIN FORM FOLLOWING EYE INJURY, BUT HIS CAREER APPEARS IN DOUBT PAGE 29

VANCOUVER metro®

WEEKEND, February 15-17, 2013

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This shiny lid's for you

Bike share. Prototype that dispenses helmets built for proposed Vancouver system

Forget lugging a helmet around in case you fancy an impromptu ride when, or if, Vancouver gets a bike-share system.

The city — set to decide later this spring whether to launch a bike-share system with the preferred vendor, Portland-based Alta Bicycle Share — paid $50,000 to Richmond-based SandVault Group Global Solutions Corp. to develop a prototype of a bike-helmet distribution machine.

In just 41 days after the city awarded SandVault the contract in November, it built a noggin-protecting prototype that it showed off to Metro on Thursday.

Using the solar-powered machine was as easy as swiping a card: A size and style were selected on a keypad and a helmet was removed from a dispenser that's integrated with a bike system.

"If you want to wear a helmet, there's a helmet right there," business development manager Derrick Moennick said. "It should be as easy as possible."

The helmets are equipped with radio-frequency identification tags, so when users drop them off they're "quarantined" and not rented out until they are cleaned and checked for safety. Maintenance crews will sanitize the helmets as part of the system's operating cost, which the city has pegged at about $1.9 million annually.

In Melbourne, the city's helmet law led to lukewarm adoption of its bike-share system, as helmets there must be purchased at retail locations or from vending machines. Alta told Metro in June it was working on an integrated system to avoid the mistakes made in Australia.

While Vancouver awarded the prototype contract to SandVault, it is still exploring various options and suppliers for helmet distribution, according to director of transportation Jerry Dobrovolny.

SandVault, which operates the world's only non-subsidized bike share at tourist hotspot Miami Beach, applied to operate Vancouver's bike-share system but lost to Alta.

SandVault also built systems in Golden, Long Beach, Calif., Oklahoma City and Tulsa, Okla., and it will soon launch one in Sao Paulo. Its technology is still operational after Hurricane Sandy slammed into its New York operations.

EMILY JACKSON/METRO

Derrick Moennick, business development manager for SandVault, demonstrates a prototype of a bike-helmet dispenser that was commissioned for Vancouver's future bike-share program. JENNIFER GAUTHIER/METRO

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Fatal ferry sinking trial. Crew member possibly suicidal following disaster

The crew member who was navigating the Queen of the North passenger ferry when it sank, leaving two passengers missing, appeared distraught and possibly suicidal in the hours after the disaster, the captain of the ship testified Thursday.

Karl Lilgert was on the bridge when the ferry struck Gil Island on March 22, 2006.

A B.C. Supreme Court jury is hearing accusations against Lilgert of criminal negligence causing the deaths of two passengers who disappeared and were presumed drowned.

Colin Henthorne, who was asleep in his cabin when the ship struck Gil Island, testified about the evacuation and what happened after the crew and passengers left the ship in a flotilla of life rafts and lifeboats. Roughly two-thirds were taken to the nearby First Nations community of Hartley Bay, while the rest, including Henthorne, Lilgert and several senior officers, were transported to the coast guard ship Sir Wilfrid Laurier.

It was on Sir Wilfrid Laurier that Henthorne grew concerned about Lilgert, who until then had been an essential part of the evacuation, he said.

"You thought he was suicidal or might do some damage to himself?" asked Glen Orris, Lilgert's lawyer.

"Yes," said Henthorne.

Henthorne later told police he became so concerned about Lilgert's mental state that he asked another crew member to keep an eye on him.

THE CANADIAN PRESS

Hundreds take to the streets of downtown Vancouver for the 22nd annual women's memorial march to remember missing and murdered women in the Downtown Eastside. JENNIFER GAUTHIER/METRO

'The grief and the pain never go away'

March to honour missing, murdered women. In its 22nd year, the event gives support, strength to mother of Pickton victim

PHYLICIA TORREVILLAS
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Lorelei Williams and Michele Pineault say the pain never goes away after losing the women in their lives, but felt empowered and found comfort as they joined hundreds on the streets of downtown Vancouver for the annual women's memorial march.

In its 22nd year, the march — a nationwide event held on Valentine's Day — honours missing and murdered women, many of them from the Downtown Eastside.

Pineault, whose daughter Stephanie Lane's DNA was found on the farm of convicted serial killer Robert Pickton, said this was only her second time doing the full march.

"I'd try to do the march by myself, cry and a third of the way through I'd end up going home," she said on Thursday. "After I've met the other women, you're not alone anymore, so you're able to do it and feel stronger from start to finish.

"The pain is the same as it was the day she went missing," she added. "The grief and the pain never go away, but you gain strength."

Elders stopped to hold ceremonies where women were last seen or had been found murdered.

Williams, whose aunt Belinda has been missing since 1978 and whose cousin Tanya Holyk was another Pickton victim, said the support from the other victims' families and the community has helped her to heal.

March committee member Lisa Yellow-Quill said the march is a chance to bring people together to address the ongoing problem of violence against women.

"Nobody wants to stand alone and care in the corner," she said. "They want to come and do something. The memorial march gives people a place to show that (they) care and this is a real issue and we're not going to stand around and let this happen anymore."

Organizer Marlene George also renewed the call for a national public inquiry into the missing and murdered aboriginal women.

"If no steps are taken by the government, women's organizations will be stepping up the pressure to make that happen because we cannot sit back and allow ourselves to be continually assaulted, violated, murdered and to continue to go missing in this country," George said.

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metro The Vancouver Sun CANADIAN

Langley. One man may be behind two attempted child abductions

The Langley serious-crime unit is investigating whether there may be a single man behind separate incidents in which two 12-year-old girls had their wrists grabbed by a stranger.

The first girl was standing near a cemetery in Fort Langley on Halloween when a man approached her and grabbed her wrist. She screamed and kicked him in the shin, then ran back to her school.

The second girl was walking alone on 205 Street near 50th Avenue on Feb. 1 when she was approached by a white man in his 30s, who had been leaning against a white pickup truck with a dent and scratches on the driver's side.

As she passed he grabbed her wrist, but she pushed him and ran home to tell her parents.

Both girls worked with police composite and sketch artists and came up with similar descriptions of the suspect.

The second girl described him as being five feet nine inches tall, with brown scruffy hair, a stocky build, and a scratch on the right side of his face. She said he was wearing a black zip-up hoodie, dark blue jeans, white Nike runners, and a silver watch on his right arm with Roman numerals.

KATE WEBB/METRO

Police are asking the public to study both sketches and if anyone has information that could assist them, to call Langley RCMP at 604-532-3200. HANDOUT/RCMP

City. Date announced for annual homeless count

Vancouver will be counting homeless people in the city's streets and shelters on March 12 and 13.

Volunteers will tally the number of homeless people along with information about them such as age, gender, income source and health conditions.

"The count provides us valuable data so that we can closely track our progress in ending street homelessness by 2015," Mayor Gregor Robertson said in a press release.

The 2012 count showed street homelessness is down 62 per cent since 2008. The total number of homeless people, however, has slightly risen over that time from 1,576 to 1,602.

LIAM BRITTEN/FOR METRO

Women rise against violence

Women gather outside of the Vancouver Art Gallery to dance as a part of the One Billion Rising movement in Vancouver on Thursday. The movement is a global campaign by women for women that calls for an end to violence against women. JONATHAN HAYWARD/THE CANADIAN PRESS

Environmental impact of gas industry debated

Worries abound over potential damage.
Experts say Greenhouse Gas Reductions Target Act won't be met

MATT KIELTYKA
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British Columbia's prophesied liquefied natural-gas boon is likely a bust for the environment.

The David Suzuki Foundation says the government's throne speech earlier this week — trumping $1 trillion in LNG-related economic activity over 30 years and more than 100,000 jobs — will sink B.C.'s commitment to cutting greenhouse-gas emissions (GHG) by 33 per cent by 2020.

The target is enshrined in law under the Greenhouse Gas Reductions Target Act, passed in 2007.

According to Ian Bruce, the foundation's science and policy manager, exporting 1.9 trillion cubic feet of shale gas (as the government projects) annually once three proposed plans are online in 2020 would see GHG emissions increase by 27 per cent from today's levels.

"There are major concerns. The B.C. government doesn't have a plan to deal with these environmental impacts," said Bruce. "If B.C. heads in this direction, we will have some significant environmental damage."

In addition to concerns over GHG emissions, Bruce says the water required to extract natural gas from rock is the equivalent of what a city of 160,000 people would use in a year.

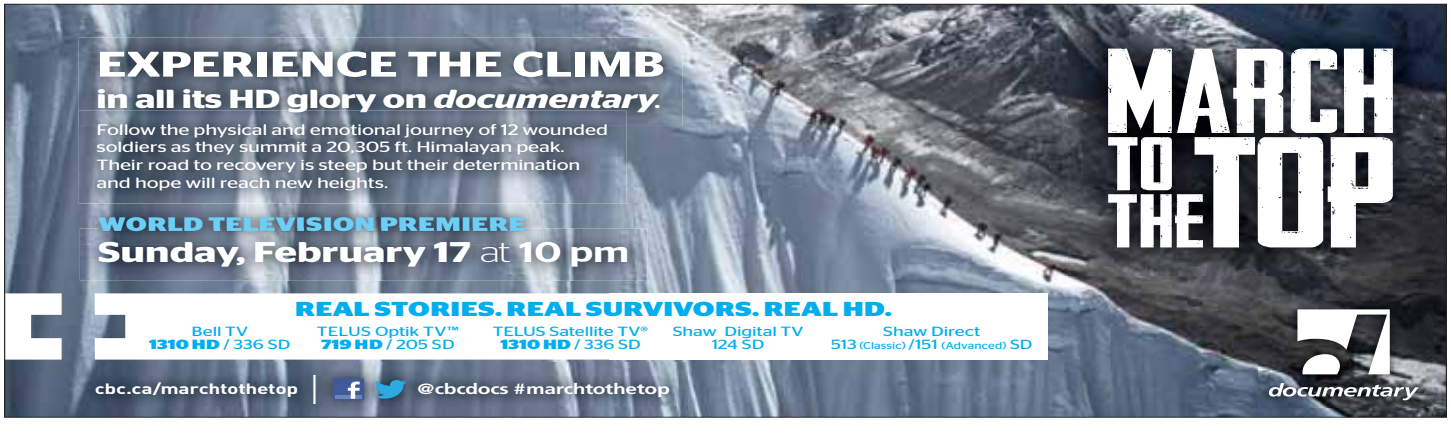
The land destroyed or disturbed by the process is estimated to be three times the size of the Metro Vancouver regional district.

And then there's the energy required to chill the gas at -160 C so that it liquefies.

"That requires massive amounts of power — 75 per cent of the energy all residents in B.C. currently consume," said Bruce.

The government and B.C. Hydro are currently in negotiations with LNG proponents about their energy needs. An Integrated Resource Plan of the province's electricity demands over the next 20 years is due Aug. 3.

The Ministry of Environment failed to comment by deadline.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M&M'S® SPOKES CANDIES CALL IT QUITS!

Red and Yellow shock fans with resignation letter.

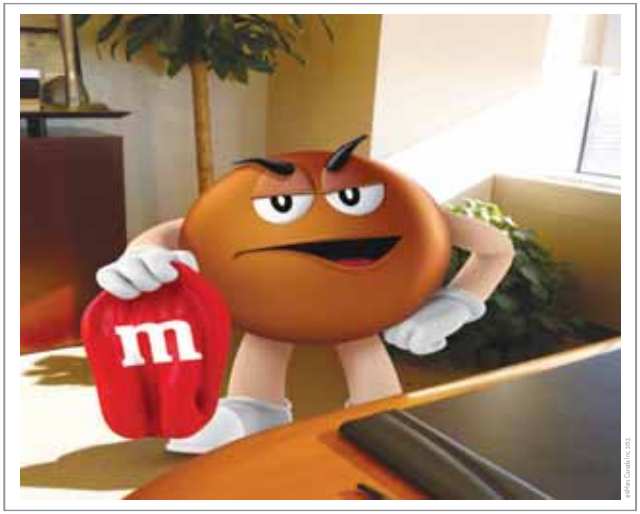
Milk chocolate lovers across the country today are mourning the loss of *M&M'S* iconic spokes candies Red and Yellow, following Tuesday's public announcement that they are hanging up their '*M*'s' and parting ways with the *M&M'S* team immediately to avoid being eaten.

"Those two have been with us for almost 60 years, so it came as a real shock" said *M&M'S* Chief Chocolate Officer Ms Brown, following the leak of Red and Yellow's resignation letter to the press on Friday. "But don't forget – the rest of us *M&M'S* spokes candies deal with the same problem everyday. Worse, I always get people smirking at me because they think I'm naked!" she continued.

The rant-filled resignation letter – which can be read in its entirety on facebook.com/mmscanada and on twitter @mmscanada – is quite abrasive and aggressive, complicating the possibility of any reconciliation. In their letter, the former spokes candies cite their daily fear of being eaten, among other things, as the main reason for resigning – going so far as to blame Canadians for their untamed love of milk chocolate.

Most *M&M'S* fans have been reacting to their departure with disappointment. "I loved Red and Yellow. You can't replace those two. It just won't be the same without them" says Craig Brandon, longtime *M&M'S* fan. Others are angry. "What the heck! This is how you thank your fans?" complains Jennifer Machey. And meanwhile, some people seemed confused. "Does this mean they're hiring? My grandson needs a summer job" said a man by the name of 'Bugsy'. As for the other *M&M'S* spokes candies – they wouldn't return our calls.

The departure of Red and Yellow as the mascots of the *M&M'S* brand has sparked speculation as to who will take over leading the corporate image. When asked if the company plans to promote from within or hire outside to fill the role of Red and Yellow, a company PR agent responded,



"I loved Red and Yellow. You can't replace those two. It just won't be the same without them."
Says Craig Brandon, longtime M&M's fan.

"You have to understand the position we're in now. Red and Yellow broke the mold. It's going to be very hard to fill their shoes, and that's not candy-coating it." Reactions on twitter have linked to leaked images of potential mascots sporting colours like Maroon and Sea Foam. The PR agent would not comment on the leaked images at this time.

Red and Yellow have since been spotted roaming around without their iconic '*M*' emblazoned candy shells on.

Perhaps it hasn't yet dawned on them that they are now naked. Whatever the case may be, one thing is for certain – the former *M&M'S* mascots have achieved celebrity status over the years and will surely be missed. Keep following this breaking news story as it unfolds at facebook.com/mmscanada and @mmscanada on twitter.

Aggravated assault. Cop found guilty of shooting

An RCMP officer has been found guilty of aggravated assault for shooting a man in the shoulder during a traffic stop on Vancouver Island.

Const. David Pompeo had testified that William Gillespie emerged from his vehicle in a zombie-like state in September 2000.

Pompeo said he wasn't sure if the man was on drugs, planning to attack or thinking nothing at all before he shot him.

The trial heard last summer that Pompeo and his partner were driving an unmarked pickup truck when they pulled Gillespie over for suspicion of driving while prohibited.

Gillespie praised the judge's ruling on Thursday.

"I'm very pleased that the judge did not believe Const. Pompeo's version of the events ... and that his life was never in any real danger behind his steel door and his bullet-proof vest on," he said outside court.

"Now I don't think there will be a shoot-first policy. People across Canada should be pleased that the courts are not going to look the other way on police use of excessive force and trigger-happy police officers." THE CANADIAN PRESS

Modernization process

Liquor warehouse going places

The B.C. government says it's going to move the main liquor distribution warehouse in Vancouver to a new location and sell the land the building now occupies. Union leaders suspect the move is aimed at selling prime real estate to help reduce B.C.'s debt.
THE CANADIAN PRESS

Canucks co-owner

Keep the wine: divorce hearing

A B.C. Supreme Court justice says a co-owner of the Canucks won't have to sell more than 1,900 bottles of wine to help pay for his estranged wife's legal fees.

The ruling was made during a pre-trial divorce hearing between Francesco Aquilini and Taliah Aquilini.
THE CANADIAN PRESS

Tough laws for mentally ill may backfire: Board

Amendment.
Law to keep offenders detained longer may discourage pleas, say some experts

It was a horrific crime, so grotesque that Allan Schoenborn, the father found not criminally responsible for killing his three children, became the poster boy for reforming the federal law to keep mentally ill offenders in detention for longer periods of time.

But Schoenborn is still entitled to an annual hearing before the B.C. Review Board, a hearing scheduled to take place Friday at the Forensic Psychiatric Hospital he now calls home.

But some wonder if the amendments announced last week won't actually have the opposite of the desired effect, by discouraging plea bargains that see mentally ill offenders opt for treatment.

"You're going to have a lot more mentally disordered people who have gone to jail for a period of time, have been untreated, and are back on the street untreated. So in that sense it doesn't really make people much safer," said Bernd Walter, chairman of the B.C. Review Board.

Policy decisions are the purview of the federal government but the Not Criminally Responsible Reform Act is "quite unclear in terms of how it will work," said Walter, who is also the chairman of the B.C. Human Rights Tribunal.

Walter said many of the approximately 260 cases under the jurisdiction of the board were resolved by agreement between the defence and the Crown that the offender is so mentally ill that they did not understand their actions to be criminal.

Defence lawyers may be less inclined to enter a plea of not criminally responsible by reason of mental disorder if the result is a three-year minimum sentence under the new law, he said.

"Nobody was at risk with the previous system from the review board process. Recidivism is much lower than for the convicted population, and they're already spending three to five times longer indoors, so the question becomes what is it that we're trying to fix here?" Walter said.

Allen Schoenborn METRO FILE

There may be little in the way of public sympathy for Schoenborn, but former Liberal justice minister Irwin Cotler said he's concerned the reforms are based on rare, high-profile cases: Schoenborn, Vincent Li, who killed Tim McLean aboard a Greyhound bus, and Guy Turcotte, the Quebec doctor found not criminally responsible for killing his two children.

"Responding to these three high-profile cases — which were gruesome, which were horrific — that's not the way you make law for all Canadians in a situation like this," Cotler said Thursday.
THE CANADIAN PRESS

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Horseshoe Bay. Value of ferry terminal boosted from 20 bucks to $47M

Political pressure has helped plug an expensive land-value disagreement that had threatened municipalities with BC Ferries terminals with the loss of hundreds of thousands of dollars in tax revenue.

Following three months of discussions, BC Ferries and the agencies that determine property values created a formula that boosts the assessment of the Horseshoe Bay terminal up to more than $47 million, after it had been slashed to just $20.

The new agreement now ensures all 48 ferry terminals across the province are assessed in the same way and smoothes the rift with the District of West Vancouver, which called the initial decision "ludicrous" as it filed notice to take the dispute to court.

The waters were calmed after British Columbia's Community, Sport and Cultural Development Minister Bill Bennett convinced the parties to meet at the same table.

"I think everybody knew that ultimately government has the leverage of being able to introduce legislation and establish how those assessments are going to be done," he said.

"So it's a lot cheaper to stay out of court. It's a lot easier for everybody to sit down and negotiate something that's reasonable. And that's what they did." THE CANADIAN PRESS

Assessment

The Horseshoe Bay terminal was the first to be devalued in a ruling last November.

- The original assessment put the value of two parcels of land and some other property at more than $54 million.
- But that value plummeted to just $20 with a ruling by the Property Assessment Appeal Board, saying because the land is designated by the province as having only one purpose, it has no potential for profit.

Manslaughter. Parole pending for Kamloops man who stabbed teen

The Kamloops man who killed David Holditch because he was flirting with his girlfriend is eligible for full parole just three years after the manslaughter verdict.

A spokesman for the Parole Board of Canada says 26-year-old Steven Roe has had his day parole extended and will continue living at a halfway house in Kamloops.

Patrick Storey says Roe has maintained positive behaviour and is eligible for full parole while awaiting his statutory release date, set for Nov. 21.

There's a chance Roe could meet the victim's family because members still live in Kamloops, but Storey says a no-contact order is in place, requiring Roe to leave the area immediately and report the situation to a parole officer.

Roe was originally convicted of second-degree murder in 2007 and was sentenced to 10 years in prison for the Feb. 21, 2006, multiple stabbing of the 18-year-old gas station attendant.

Roe served about one year behind bars when a second trial was ordered, which ended in the manslaughter verdict. THE CANADIAN PRESS

Comedian Debra DiGiovanni, a finalist on NBC's Last Comic Standing, hosts The Roxy's version of The Newlywed Game on Friday. GALE BEEBY/TORSTAR NEWS SERVICE

A night at the Roxy

The Newlywed Game. Comedian Debra DiGiovanni to host version of classic Hollywood game for club's 25th anniversary

KATE WEBB
kate.webb@metronews.ca

Ladies: You know that guy at the bar who won't stop hassling you for a dance? Don't be too quick to judge — he could turn out to be the love of your life.

That's what happened to Roxy Zeiler, who is lucky her husband Steve was persistent when they first met in 2006 at the Granville Street club that shares her name.

The pair is among 12 married couples who first met at The Roxy Cabaret and were selected as part of the club's 25th anniversary to compete for an all-inclusive second honeymoon at a five-star resort of their choice.

"This group of girls came in beside me, and I asked one of them to dance, and she not-so-politely told me no," recalled Steve Zeiler, 44, reached by phone from his home in Penticton.

"But, being the person I am, I didn't give up and waited until I'd had a few more drinks and asked her again a little later. And she said, 'Yeah, OK.' We danced all night, and I phoned her the next day, and from that point on we really were inseparable."

They married nine months later, and he became the stepdad to her five children.

The Zeilers will be competing in The Roxy's version of the classic Hollywood game show The Newlywed Game, hosted by Gemini Award-winning Canadian comedian Debra DiGiovanni, who was a finalist on NBC's Last Comic Standing — meaning the event is sure to sell out.

Speaking of sellouts, Richmond teacher Sabrina Jones, 30, knows a little something about lineups at the Roxy.

She met her husband Garth Jones while waiting in a three-and-a-half-hour lineup one night in 2005, after half the friends she had come with bailed. After chatting her up, Garth, now 27, made her promise to dance with him as soon as they got inside.

They married six years later, and Samantha said they still party there all the time.

Tickets for The Roxy Love Affair are $10 in advance through ticketweb.com or $13 at the door.

Quoted

"I just love the atmosphere. It's just my comfort zone. We don't go to any other clubs."

Sabrina Jones, who met her husband at the Roxy in 2005

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New owners lend a helping handful to overcrowded shelter

Scotlund Haisley carries out Max from a mobile home in Dartmouth, near Halifax, on Thursday. Max was one of nearly 50 dogs delivered to waiting foster families and adoptive owners in Dartmouth after travelling across the United States by mobile home over the last eight days. The dogs are the first group coming from an overcrowded shelter in Palm Springs, Calif., which include 15 rescued by the Animal Rescue Corps from a hoarding situation in January. JEFF HARPER/METRO IN HALIFAX

Harper criticized for telling victims to 'just get on' and report abuse

RCMP officers accused. Human-rights group says prime minister is missing fear of reprisal

The human-rights watchdog that documented allegations of police abuse against aboriginal women in British Columbia is taking Prime Minister Stephen Harper to task for telling victims to just "get on" with reporting abuse.

Samer Muscati, a Canadian researcher who was involved in compiling the report released Wednesday, said Harper missed the whole point — that aboriginal women and girls are often too traumatized to co-operate with police.

"Those comments ignore the fear of reprisal those victims have," Muscati told The Canadian Press in an interview Thursday.

The report, from a New York group called Human Rights Watch, accuses RCMP officers of abusing aboriginal women and girls in northern B.C., and also includes an allegation of rape.

The alleged incidents were uncovered as part of a broader investigation into charges of systemic neglect of missing and murdered aboriginal women along B.C.'s Highway 16, nicknamed the "Highway of Tears."

Harper said the government has asked the Commission for Public Complaints Against the RCMP to look into the allegations but he urged those connected with the report to simply come forward.

"If Human Rights Watch, the Liberal party or anyone else is aware of serious allegations involving criminal activity, they should give that information to the appropriate police so that they can investigate it," he told the House of Commons on Wednesday. "Just get on and do it."

Muscati said Human Rights Watch tried to brief Harper and three cabinet members in advance of the report's release, but they were rebuffed.

Muscati said the group has no intention of sharing the information it has about the abuse allegations, as Harper urged them to do.

"We have to stand by the victims who have asked us not to identify them because they're terrified of police retaliation," he said.

THE CANADIAN PRESS

Travel. Florida flip-flops on rule forcing Canadians to get 2nd driver's licence

A couple drives near Key Largo, Fla. Florida officials say their new policy on outside drivers permits could violate the Geneva Convention on Road Traffic. ANDY NEWMAN/FLORIDA KEYS NEWS BUREAU/THE ASSOCIATED PRESS FILE

State officials in Florida scrambled Thursday to reassure anxious Canadians that they don't need to worry about new laws requiring them to have an International Driving Permit to motor around the Sunshine State.

Changes are in the works to legislation requiring that all visitors with foreign licences must have an international permit issued by their country of residence in addition to a valid licence from home, a spokeswoman with Florida's Department of Highway Safety and Motor Vehicles said Thursday.

"I'm not sure exactly how we're going to end up working it, but we're going to determine how to modify it to accommodate the concerns of Canadians and others," said Kirsten Olsen-Doolan.

"The main issue is public safety, not to give anybody a hard time or make it difficult to come visit."

The quiet implementation of the regulations on Jan. 1 — which apply to any vehicle, including rentals — resulted in many Canadians being caught off guard.

Florida officials have said the law was passed so police are not faced with foreign licence documents in languages they can't understand.

Earlier in the day the department issued a statement saying it learned its new requirement might violate the Geneva Convention on Road Traffic.

"The Florida Highway Patrol will defer enforcement of violations of the amended statutory section until a final determination of the alignment of the amendment with the treaty can be made," the department said.

THE CANADIAN PRESS

Lost data. Bureaucrats 'sorry' for privacy breach

We're sorry and we're trying to ensure it never happens again.

That was the message Thursday from senior federal bureaucrats responsible for the loss of personal information belonging to more than half a million Canadians.

Employees at Human Resources and Skills Development Canada lost an external hard drive and USB key in November, resulting in a massive privacy breach.

"Sensitive personal information was stored on unencrypted portable storage devices and not properly secured. This should not have occurred," said Ian Shugart, a deputy minister with the department. "I apologize for these incidents."

A trio of bureaucrats from the department appeared before a House of Commons committee Thursday to give their account of the events.

Most of the people affected participated in the Canada Student Loan program between 2000 and 2007.

THE CANADIAN PRESS

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Track star charged with murder of his activist-model girlfriend

'Blade Runner.' Reeva Steenkamp was shot at the home of paralympic superstar Oscar Pistorius

South African paralympic sprint runner Oscar Pistorius was charged Thursday with the murder of his girlfriend, who was shot inside his home; a stunning development in the life of a national hero known as the Blade Runner for his high-tech artificial legs.

Reeva Steenkamp, a model who spoke out on Twitter against rape and abuse of women, was shot four times in the predawn hours in the house, in a gated community in the capital, Pretoria, police said.

Hours later, after undergoing police questioning, Pistorius left a police station accompanied by officers. He looked down as photographers snapped pictures, the hood on his grey workout jacket pulled up, covering most of his face.

His court hearing was originally scheduled for Thursday afternoon but has been postponed until Friday to give forensic investigators time to carry out their work.

South Africans were shocked at the killing. But while Pistorius captured the world's attention with his Olympic quest, police said he was involved in a recent history of problems. Police spokeswoman Brigadier Denise Beukes said the incidents included "allegations of a domestic nature."

"I'm not going to elaborate on it, but there have been incidents (at Pistorius' home)."

"No matter how bad the situation was, Oscar always stayed calm and positive," said his former coach Andrea Giannini. In November, Pistorius also found himself in an altercation with a local coal mining millionaire over a woman, media have reported. THE ASSOCIATED PRESS

Beauty with a law degree

Reeva Steenkamp, 30, campaigned against rape and violence against women. Thursday morning she was to give a talk at a Johannesburg school. The next day she was going to wear black to protest the brutal rape and mutilation of a 17-year-old.

- The freckled, leggy blond appeared in international advertisements and was South Africa's face of Avon.

An undated photo of Reeva Steenkamp. She was killed Thursday. THE ASSOCIATED PRESS

Oscar Pistorius leaves a police station Thursday. THE ASSOCIATED PRESS

Oscar Pistorius

From podium to police cell

Since captivating the world with his groundbreaking Olympic trip to London, Oscar Pistorius' life seemed like an extended victory lap.

More than 230,000 Twitter followers have been given a glimpse into a life of fast cars and luxury holidays as the hero was feted by an adoring public. The "Blade Runner" has fame that came from becoming the first amputee to compete at the Olympics and Paralympics. THE ASSOCIATED PRESS

Double-amputee Oscar Pistorius after winning the 400 metre T44 at the 2012 Paralympics in London. THE ASSOCIATED PRESS

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Blast from the past

Pocket pets: Tamagotchi launches app

Tamagotchi is re-hatching as an app. Bandai America Inc. and Sync Beatz Entertainment are hoping to revive the electronic pet craze of the 1990s with a new mobile app launching for Android devices.

The app, which is called Tamagotchi L.i.f.e., duplicates the egg-shaped plastic toy that became a must-own sensation much like Beanie Babies, Tickle Me Elmo and Furby.

The new Tamagotchi L.i.f.e app was launched Thursday.
THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

Parting ways

Balsillie has sold BlackBerry shares, filing shows

Jim Balsillie once re-mortgaged his house to help build the BlackBerry company, but by the end of last year, the former co-CEO had cleaned out any shareholder stake he still owned. A document filed with U.S. regulators shows that by Dec. 31, 2012 he no longer held shares in the company formerly known as Research In Motion.

The documents don't reveal how much he got for his stock, or when the shares were sold, but it illustrates how quickly Balsillie shed his stake in the company.

In January 2012, Balsillie resigned from the co-CEO position, alongside co-founder Mike Lazaridis. They took director roles, but Balsillie completely exited the firm hardly two months later.

THE CANADIAN PRESS

Merger gives birth to U.S. mega-airline

$11B deal. New carrier formed by US Airways, American Airlines will carry more passengers than any other in world

American Airlines and US Airways agreed Thursday to merge in an $11-billion deal that would create the world's biggest airline.

The combined carrier will be called American Airlines and be based in Fort Worth, Texas. It expects to have $40 billion in annual revenue and offer more than 6,700 daily flights to 336 destinations in 56 countries.

The deal is a coup for smaller US Airways Group Inc., and was driven by the persistence of its CEO, Doug Parker, who will run the combined airline. Parker sought a merger almost as soon as American parent AMR Corp. filed for bankruptcy protection in November 2011.

As Parker pushed ahead, creditors forced AMR's management to consider the value of a merger compared with a plan for an independent American. Eventually they concluded that the best return for stakeholders, and the best chance to compete with bigger rivals United Airlines and Delta Air Lines, came from a merger.

THE ASSOCIATED PRESS

Market Minute

DOLLAR	99.88¢ (+0.06¢)
TSX	12,721.79 (-53.49)
OIL	$97.31 US (+30¢)
GOLD	$1,635.50 US (-$9.60)

Natural gas: $3.17 US (-14¢)
Dow Jones: 13,973.39 (-9.52)

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[2] We will pay the basic title insurance fee, processing fee and one discharge fee (up to $300 maximum). Offer excludes mortgage prepayment charges that you may have to pay. Minimum advance $50,000. [3] The interest rate will fluctuate with the Prime Rate and is subject to change at any time without notice. These rates can be changed, withdrawn or extended at any time without notice. Residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

Buffett will have some ketchup on the side

Billionaire Warren Buffett is dipping into the ketchup business as part of a $23.3-billion deal to buy H.J. Heinz Co., uniting a legend of American investing with a mainstay of grocery store shelves. The company, based in Pittsburgh, also makes Classico pasta sauces, Ore-Ida potatoes and Smart Ones frozen meals. Buffett's Berkshire Hathaway is partnering on the deal with 3G Capital, the investment firm that bought Burger King in 2010. THE ASSOCIATED PRESS FILE

Auto safety rules

Ottawa mandates shoulder belts for rear centre seats

All new cars built in Canada as of September 2015 will have to come equipped with shoulder safety belts for the rear centre seat, a change that's part of an alignment of auto-safety regulations in Canada and the United States.

Car makers must also use female and child-sized dummies in their crash tests, says Transport Canada, and those tests must be conducted at higher speeds for front-end crashes.

THE CANADIAN PRESS

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SORRY KARDASHIANS, YOU AIN'T NO MOON GODDESSES

THE LIST
Mike Benhaim
metronews.ca

1 **Un, deux, trois.** U.S. President Barack Obama reacted to North Korea's nuclear test Tuesday by promising firm action on what he views as Kim Jong-un's "highly provocative act." The prez claims the move blatantly threatens U.S. security and international peace. After all, America already has all the nuclear weapons the world will ever need.

2 **Missionary position.** We bid farewell to Pope Benedict XVI, a sports fan obviously named after Super Bowl XVI when the 49ers defeated the Bengals. This week, the papal "Giant" gathered the "Cardinals," some of whom might be "Saints," and ask the "Angels" to decide which "Patriots'" cups will run over. Vatican spokesman, Father "Lombardi" says that Benedict is keeping the "book" close, but that he has spent the last eight years assembling a team of veterans, still young enough to compete, who he believes can go all the way. So there.

3 **Games people play.** Jacques Rogge, president of the International Olympic Committee, has agreed to discuss the decision to drop wrestling from the Games, but let's face it, who cares? I mean, we're not talking about a *real* sport like table tennis or synchronized swimming.

4 **Fortunate sons.** Wonton Food Inc., largest U.S. producer of fortune cookies, has ceased printing intimate messages like "The evening promises romantic interest" because some parents complained they were inappropriate for their children. OK, folks, if this offends you, my first suggestion is don't have kids. And if you choose to disregard this wisdom, well, good luck with school, the Internet, HBO or raising a child in general.

5 **Space marketing.** The SETI (search for extraterrestrial intelligence) institute and International Astronomical Union started a public poll to name the recently discovered moons orbiting Pluto. The guidelines strictly specify names of underworld characters in Greek or Roman mythology, which disqualifies my entries of Kim and Khloe, Snooki and JWoww, and Tito and Jermaine, but many names from Harry Potter still apply.

6 **Alternate-reality TV.** I dreamed I was at a party full of good-looking, talented, rich hobbyists who regularly have outrageous sex with extraordinarily attractive people. One would intermittently raise a glass to praise the other publicly for the value of their output. I found myself looking in while the distance between us grew, panic setting in just as I awoke, relieved that I hadn't missed the Grammys.

7 **Capital duplicity.** Notorious infidelity website Ashley Madison released its list of Canadian cities with the most cheating spouses. The hands-down winner was Ottawa, where about one out of every 20 residents are members. This sparked an outcry among citizens who were devastated to discover there is such dishonesty in our nation's capital.

8 **Hear me roar.** This week in 1975, at the height of women's lib, Linda Ronstadt had her first and only solo No. 1 U.S. hit with You're No God. Ladies throughout America expressed solidarity as they enthusiastically sang the chorus to their men before defiantly leaving them. Just in time for Valentine's Day.

Kim, Kourtney and Khloe Kardashian can't keep up with Pluto's new moon name requirements, recent reports suggest. CHRIS PIZZELLO/THE ASSOCIATED PRESS

British army deploys the toy

SWNS.COM

Warfare technology

Spy chopper fits in palm of your hand

It looks like a toy helicopter but one commander has called it "a game-changing piece of kit" in modern warfare.

This pocket-sized aircraft, Black Hornet Nano, has been unveiled as the British army's latest weapon against the Taliban. The surveillance drone has three cameras fitted inside its nose to allow troops to spy on enemies from afar.

METRO WORLD NEWS

Army's viewpoint

"Previously, we'd have sent soldiers forward to see if there were any enemy fighters hiding inside a set of buildings. Now we're deploying a Black Hornet to look inside compounds. It's so small and quiet that the locals can't see or hear it."

Maj. Adam Foden, commander of the Brigade Reconnaissance Force at Camp Bastion, Afghanistan

The drone relays video and still images to a handheld control terminal. MINISTRY OF DEFENCE

War casualties

Drones have killed children: UN

Drones are now a mainstay for the military but they are not without controversy.

U.S. attacks by manned and unmanned aircraft have killed "hundreds" of children, according to the Committee on the Rights of the Child. The UN body said casualties were "due notably to reported lack of precautionary measures."

METRO WORLD NEWS

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

If you could have one superpower, which would it be?

Twitter

@littlemissrisk: Valentine's Day is like my birthday, Mardi Gras, Halloween and my birthday: I celebrate it most of the year.

@patersonjeff: Kesler & Booth on ice with #Canucks at Coliseum. No Malhotra. Booth and Ebbett wearing grey. Kesler in blue with regulars

@pewpewpew: Jayzus. The Vancouver Olympics were already 3 years ago? Holy he–.

@CarlyTino: "Mom what team is this?" "Oh Vancouver dolphins? No sharks? No wait marlins? No whales.. Oh I don't know"- my mom pic.twitter.com/4oPqLTmG

@SandyP4025: Hmm no Manny Malhotra again at practice? Hope everything is ok... Team isn't usually hush hush if it's an injury thing #Canucks

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Sarah Polley's Stories We Tell is just one of the more recent great made-in-Canada films. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Films of the true North strong and free

Celebrating the maple leaf. The Reel Guys take a look at their fave movies made by Canucks on National Flag of Canada Day

Richard: Mark, Canada has a rich tradition of documentary film making, so I thought I'd start with one of my recent favourite Can Con films, a doc by Sarah Polley. Stories We Tell is a frank look at a family secret. For years Sarah's family wondered why she didn't look like her father, actor Michael Polley. In the film she examines the story of her parentage, but what could have been a self-indulgent home movie is, instead, a riveting look into the dynamics of a group of individuals bound together by birth and circumstance. What's grabbed you lately?

Mark: As it turns out, she doesn't look much like her actual father, either! Yes, it's a good movie, although the last 20 minutes seemed too abstract for the rest of the film. I don't think you can talk about Canadian film without talking about French-Canadian film. I'm especially thinking of the great Denys Arcand, whose films play like a Quebecois version of Woody Allen's neurotic New Yorkers, and some of the coming-of-age-themed movies like C.R.A.Z.Y and Léolo, which I think is a masterpiece.

RC: Masterpiece is a big word — literally, it's 11 letters! But it's also applicable in the case of the movies you mentioned. While we're waving that flag I'd also add in Hard Core Logo, Bruce McDonald's long hard look at a punk band's life and death on the road. It's one of the best-loved Canadian films of all time and an all-time favourite of mine, regardless of origin. Less known, but also worthwhile, is the sequel HCL2, an eye-popping followup that captures the spirit of the first film but is also fresh and surprising.

MB: There are hidden gems throughout our cinematic history. One of my favourites, Richard? A Fan's Notes, from 1972. Based on the Frederick Exley book of the same name, it's a dark comedy about a middle-aged guy who realizes he will always be a fan, but never a player, in everything he does.

RC: A few years after A Fan's Notes I saw The Silent Partner, a heist movie about a mall Santa with plans to rob a bank. It's an entertaining movie with two lasting images: the newly built Toronto Eaton Centre and Christopher Plummer in drag!

MB: And if you watch Goin' Down The Road from 1970, the Royal York Hotel is the tallest building on the Toronto skyline!

Synopsis

The most romantic day of the year has come and gone, and while the rest of you are finishing off heart-shaped boxes of chocolates, the Reel Guys are celebrating National Flag of Canada Day by rounding up some of the best Canadian films.

A Glimpse Inside The Mind of Coppola

Movies. It's 'told from a guy's point of view,' but filmmaker says film is just about the human condition

STEVE GOW
scene@metronews.ca

Actor Jason Schwartzman and filmmaker Roman Coppola are clearly good pals. Not only have they worked on several films together (including Moonrise Kingdom — for which Coppola has earned an Oscar nomination for best writing) but the duo are practically inseparable as they pitch their latest comedy.

"I just think we're collaborative by nature and I think it's a good fit," explained Schwartzman recently during an interview. "And Roman, his attitude is if you can dream of it, we can do it — we'll find a way."

Coppola has truly tested that mantra in A Glimpse Inside the Mind of Charles Swan III. Not only is the film's title considerable but the "wild movie" involves a stylized world in which a graphic designer's life (played by Charlie Sheen) unravels at the sudden departure of his true love in spite of his best friend's (Schwartzman) support.

"It's told from a guy's point of view but I was pleased when I showed the film and a good, close friend said (she) really related to that character," admitted Coppola, who is certainly unafraid to enact the sex-obsessed title character's fantasies in the quirky comedy.

"Hopefully it's just about the human condition, so anyone can enjoy it."

The film (which opens Friday) has also been drawing obvious parallels between Charles Swan and its notorious star Charlie Sheen — a circumstance that Coppola stops short of admitting, if only to praise the actor.

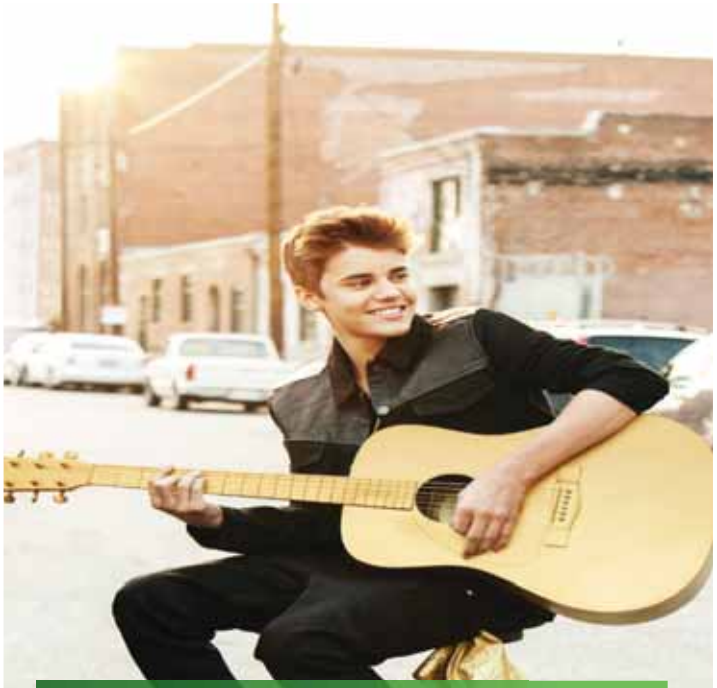
"He has a wit, charisma and charm that's just something certain people have and most people don't," said Coppola.

"I knew that he had those chops and abilities as a really fine actor so I was excited and felt confident that he would nail it and was really excited to present him back on the big-screen again because I think he deserves to be there."

Schwartzman's beard

"It was determined pretty early on that I would don as much curly hair as possible and as thick a beard as was doable. (My beard) cast quite an enormous shadow if the sun hit me in the right way."

Schwartzman, of his stylized look in the film.



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Should kids be in the Oscar race?

Award season analysis. With 9-year-old Quvenzhane Wallis in the running for a best actress statue, experts debate if children are deserving of coveted awards

Beasts of the Southern Wild star Quvenzhane Wallis is an actress of talent, poise and maturity well beyond her years.

She was only five years old when she auditioned and six when she played the part of Hushpuppy, a little girl of fierce strength and resourcefulness living with her daddy in a squalid slab of Louisiana swampland known as The Bathtub.

She was just a regular kid from nearby Houma, La. — she'd never even acted before, and actually pretended to be a year older than she was to be considered.

Now, at only nine, Quvenzhane (Kuh-VAHN-zuh-nay) is the youngest-ever actress nominee at the Academy Awards. Altogether, Beasts has four nominations at the Feb. 24 ceremony, including best picture.

While her presence is undeniable, Quvenzhane's nomination raises the question: How young is too young to compete for an Oscar, the film industry's highest honour, which has eluded performers with decades more experience and acclaim? Is a child really capable of acting, with craft, or do these performances reflect uncanny instinct?

Director Benh Zeitlin doesn't think nine is too young for such an honour. Zeitlin, who is up for a best-director Oscar himself with just his first feature, praised Quvenzhane for the incredible sense of self she displayed from the beginning. But he also recalled one day when she seemed to be struggling on set, and he took her aside to ask what was wrong.

"'I know. I can't snap it today. Normally I can snap it,'" he remembered her saying.

"The fact that she had an internal sense of when she's in character, when she's getting the emotions right and feeling it, is really special even in experienced actors, but especially someone of her age to have that sort of self-awareness."

Justin Henry, who remains the youngest-ever Oscar nominee in any category for 1979's Kramer vs. Kramer, said that in some ways it's a purer form of acting at this age.

Henry was just six years old and had never acted when a casting director came to his Rye, N.Y., school looking for someone to play Billy, the little boy at the centre of Dustin Hoffman and Meryl Streep's custody battle.

He was seven when he shot the film and eight when he was nominated for best supporting actor. He lost to 78-year-old Melvyn Douglas for Being There. (Tatum O'Neal is still the youngest Oscar winner in any category; she was 10 when she earned the supporting-actress Oscar for 1973's Paper Moon.)

A voting Academy member, Henry said he thought it was "awesome" to see Quvenzhane get nominated for the acclaimed Fox Searchlight indie drama,

Quvenzhane Wallis is the youngest-ever actress nominee at the Academy Awards. ALL PHOTOS: THE ASSOCIATED PRESS

No place for a kid

Thelma Adams, contributing editor at Yahoo! Movies and a longtime awards prognosticator, points out that Shirley Temple was already well on her way to a career by the time she was 6, the same year she earned an honorary juvenile Oscar. "There was a lot of craft to what she was doing," Adams said. "With (Quvenzhane's) performance, it's kind of a life force. They've captured this wonderful little girl ... but it's not an acting performance." "I've seen her at parties," added Adams, the mother of two teenagers who perform. "I know she can get up in her party dress and charm, but I also saw a little girl who'd rather be riding a pony at a kids' party. ... To have her nominated, it's not good for her, no matter how great she was in the movie - and she was terrific — but this red carpet thing is a grind."

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"JOSH & JULIANNE HAVE GREAT ONSCREEN CHEMISTRY TOGETHER." - Ben Lyons, EXTRA
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Dunbar Theatre
4555 Dunbar Street

A Good Day to Die Hard (14A) Fri 7-9:15
Sat-Sun 2-4:15-7-9:15 Mon-Thu 7-9:15

Fifth Avenue Cinemas
2110 Burrard Street

Amour (PG) Fri-Thu 1:15-4-6:40-9:15
Life of Pi 3D (G) Fri-Thu 1-4:10-6:50-9:25
Side Effects (14A) Fri-Thu 2-4:45-7:20-9:45
Silver Linings Playbook (14A) Fri-Thu 1:30-4:20-7-9:35
Zero Dark Thirty (14A) Fri-Sat 12:45-3:50-7:10-10:15 Sun-Thu 12:45-3:50-7:10

Pacific Cinémathèque
1131 Howe Street

24 Hour Movie Marathon (STC) A.M. Sat 10 Cat Swallows Parakeet and Speaks! (STC) Mon 8:45
Crazy Horse (STC) Thu 6:30
Detropia (STC) Thu 9
No Films Showing Today (STC) Fri Tue
The Peanut Butter Solution (STC) Sun 1
A Sister's Call (STC) Wed 7:30
You Are Not I (STC) Mon 7:30

Park Theatre
3440 Cambie Street

Identity Thief (14A) Fri 4:15-7-9:15
Sat-Sun 1:45-4:15-7-9:15 Mon-Thu 4:15-7-9:15

Rio on Broadway
1660 E. Broadway

16th Annual Vancouver International Mountain Film Festival (STC) Fri 7:30 Sat-Sun 3-7:30 Annie Hall (STC) Fri 11
A Glimpse Inside the Mind of Charles Swan III (PG) Mon-Wed 9:30
No Films Showing Today (STC) Thu
Silver Linings Playbook (14A) Mon-Wed 7

Scotiabank Theatre Vancouver
900 Burrard St.

Django Unchained (14A) Fri-Sun 11:50-3:20-6:50-10:20 Mon 2:55-6:35-10:05 Tue 11:50-3:20-6:50-10:20 Wed-Thu 2:55-6:35-10:05
A Good Day to Die Hard (14A) Fri 2-4:35-7:15-9:50 Sat 11:15-2-4:35-7:15-9:50 Sun-Thu 2-4:35-7:15-9:50 Fri-Sun 12:20-2:45-5:15-7:55-10:30 Mon 12:45-3:10-5:30-7:55-10:30 Tue 12:20-2:45-5:15-7:55-10:30 Wed 12:45-3:10-5:30-7:55-10:30 Thu 12:40-3:10-5:30-7:55-10:30
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Sat 1:20-3:45-6:8:20-10:40 Sun 3:45-6-8:20-10:40 Mon 3:15-5:30-7:50-10:10 Tue 1:20-3:45-6-8:20-10:40 Wed-Thu 3:15-5:30-7:50-10:10
Identity Thief (14A) Fri 12-2:10-2:40-4:50-5:25-7:30-8:10-10:15-10:35 Sat 11:30-12-2:10-2:40-4:50-5:25-7:30-8:10-10:15-10:35 Mon 1:05-1:40-2:10-4:20-4:50-7-7:30-9:45-10:15 Tue 12-2:10-2:40-4:50-5:25-7:30-8:10-10:15-10:35 Wed-Thu 1:05-1:40-2:10-4:20-4:50-7-7:30-9:45-10:15
Life of Pi 3D (G) Fri 1-3:55-7-10 Sat 10:25-3:55-7-10 Sun-Thu 1-3:55-7-10
The Metropolitan Opera: Rigoletto Live (STC) Sat 9:55
Move to Move - Netherlands Dance (G) Sun 12:55 Warm Bodies (PG) Fri-Sat 12:30-3-5:30-8-10:35 Sun 12:30-5:30-8-10:35 Mon 12:55-3-5:20-7:45-10:25 Tue 12:30-3-5:30-8-10:35 Wed-Thu 12:55-3-5:20-7:45-10:25
Zero Dark Thirty (14A) Fri 12:15-3:40-7:10-10:45 Sat 3:40-7:10-10:45 Sun 12:15-3:40-7:10-10:45 Mon 3:40-6:50-10:25 Tue 12:15-3:40-7:10-10:45 Wed-Thu 3:40-6:50-10:25

Esplanade 6
200 West Esplanade

Amour (PG) , , Sub-Titled Fri 6:30-9:35 , , Sub-Titled Sat-Sun 12:45-3:30-6:30-9:35 , , Sub-Titled Mon-Thu 6:30-9:35
Beautiful Creatures (PG) , Fri 6:40-9:20 , Sat-Sun 12:30-3:20-6:40-9:20 , Mon-Thu 6:40-9:20 Django Unchained (14A) , Fri 7:45 , Sat-Sun 4-7:45 , Mon-Thu 7:45
The Hobbit: An Unexpected Journey (PG) , Sat-Sun 12:20
Safe Haven (PG) , Fri 7:10-9:45 , Sat-Sun 1-4:10-7:10-9:45 , Mon-Thu 7:10-9:45
Silver Linings Playbook (14A) , Fri 6:50-9:30 , Sat-Sun 12:40-3:50-6:50-9:30 , Mon-Thu 6:50-9:30
Warm Bodies (PG) , Fri 7-9:40 , Sat-Sun 12:50-3:40-7-9:40 , Mon-Thu 7-9:40

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333 Brooksbank Ave.

Escape From Planet Earth 3D (G) Fri 7:15-9:35 Sat 12-2:15-4:45-7:15-9:35 Sun 2:15-4:45-7:15-9:35 Mon-Thu 7:15-9:30
A Good Day to Die Hard (14A) Fri 7:25-10 Sat 11:50-2:30-4:50-7:25-10 Sun 2:30-4:50-7:25-10 Mon-Thu 7:20-9:50
Identity Thief (14A) Fri 7:35-10:15 Sat 11:30-2:05-4:55-7:35-10:15 Sun 2:05-4:55-7:35-10:15 Mon-Thu 7:30-10 Star & Strollers Screening Thu 1
Life of Pi 3D (G) Fri 7-9:45 Sat 4:05-7-9:45 Sun 1:15-4:05-7-9:45 Mon-Tue 7-9:45 Wed 9:45 Thu 7-9:45
The Metropolitan Opera: Rigoletto Live (STC) Sat 9:55
Quartet (PG) Fri 7:20-9:50 Sat 11:40-2:10-4:45-7:20-9:50 Sun 2:10-4:45-7:20-9:50 Mon-Thu 7:10-9:35
Side Effects (14A) Fri 7:40-10:20 Sat 11:50-2:25-5-7:40-10:20 Sun 2:25-5-7:40-10:20 Mon-Thu 7:25-9:50 Star & Strollers Screening Thu 1

SilverCity Riverport
14211 Entertainment Way

The Adventures of Elmo in Grouchland (G) Sat 11
Beautiful Creatures (PG) Fri-Sun 1:40-4:40-7:40-10:35 Mon-Wed 1:30-4:25-7:25-10:20 Thu 4:25-7:25-10:20 Star & Strollers Screening, Thu 1
Django Unchained (14A) Fri 2-6-9:40 Sat 11:40-3:15-6:45-10:15 Sun-Thu 2-5:55-9:40
Escape From Planet Earth 3D (G) Fri-Sun 12:15-2:35-5-7:30-9:50 Mon-Thu 1:30-4-6:35-9
A Good Day to Die Hard (14A) Fri-Sun 11:45-2:15-4:45-7:15-9:45 Mon-Thu 2:15-4:45-7:15-9:45
A Good Day to Die Hard: The IMAX Experience (14A) Fri-Thu 12:30-3-5:30-8-10:30
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Sun 1:20-3:40-6-8:20-10:50 Mon-Thu 12:45-3:05-5:25-7:50-10:15
The Hobbit: An Unexpected Journey (PG) Sat 11:30 Mon-Thu 2
The Hobbit: An Unexpected Journey 3D (PG) Fri 2-6:05-9:40 Sat 2:55-6:30-10:05 Sun 2-10:05 Mon-Thu 5:50-9:40
Identity Thief (14A) Fri 12-1:50-2:40-4:30-5:20-7:15-8-10-10:45 Sat 11-12-1:50-2:40-4:30-5:20-7:15-8-10-10:45 Sun 12-1:50-2:40-4:30-5:20-7:15-8-10-10:45 Mon-Thu 1:50-2:30-4:30-5:10-7:10-7:50-9:50-10:30
Life of Pi 3D (G) Fri-Thu 1-3:55-7-10
Lincoln (PG) Fri-Sun 12:25-3:50-7:10-10:30 Mon-Thu 2:15-5:50-9:10
The Metropolitan Opera: Rigoletto Live (STC) Sat 9:55
Les Misérables (PG) Fri-Sun 11:45-3:10-6:40-10:15 Mon-Thu 2:10-5:45-9:30
Move to Move - Netherlands Dance (G) Sun 12:55
Quartet (PG) Fri-Sun 12:20-2:50-5:20-7:50-10:25 Mon-Thu 12:30-2:55-5:20-7:55-10:25
Safe Haven (PG) Fri-Sun 11:50-2:35-5:25-8:10-10:45 Mon-Wed 1:45-4:30-7:20-10:10 Thu 4:30-7:20-10:10 Star & Strollers Screening Thu 1
Side Effects (14A) Fri-Sun 12:15-2:40-5:25-8:10-10:50 Mon-Thu 1:50-4:35-7:15-10 Silver Linings Playbook (14A) Fri-Thu 1:10-4:10-7:20-10:25
Skyfall (PG) Fri 12:25-3:50-7:05-10:20 Sat 3:50-7:05-10:20 Sun 7:05-10:20 Mon-Wed 12:35-3:40-6:50-10:05 Thu 12:35-3:40-10:05
Warm Bodies (PG) Fri-Sun 12:30-3-5:30-8:05-10:40 Mon-Thu 12:40-3:05-5:30-7:55-10:20
WWE Elimination Chamber - 2013 (STC) Sun 5
Zero Dark Thirty (14A) Fri-Sun 12-3:25-6:55-10:20 Mon-Thu 2:25-6:10-9:50

Dolphin Cinemas
4555 E. Hastings St.

A Good Day to Die Hard (14A) Fri 5-7:15-9:30 Sat-Sun 2:30-5-7:15-9:30 Mon-Thu 5-7:15-9:30
Identity Thief (14A) Fri 4:45-7-9:20 Sat-Sun 2-4:45-7-9:20 Mon-Thu 4:45-7-9:20
SilverCity Metropolis
4700 Kingsway Ave., 604-435-7474
The Adventures of Elmo in Grouchland (G) Sat 11 Beautiful Creatures (PG) Fri 1:40-4:30-7:30-10:35 Sat 2-4:55-7:45-10:35 Sun 1:40-4:30-7:20-10:10 Mon-Thu 1:40-4:30-7:25-10:15
Escape From Planet Earth 3D (G) Fri 2:35-5-7:20-9:45 Sat 12:15-2:35-5-7:20-9:45 Sun 12:15-2:40-4:55-7:10-9:30 Mon-Thu 2:35-5-7:20-9:45
A Good Day to Die Hard (14A) Fri 2:50-5:20-7:50-10:20 Sat 11:30-2-4:35-7:10-9:50 Sun 2-4:25-6:50-9:25 Mon-Thu 2-4:35-7:10-9:40 Fri 1:30-3:50-6:05-8:30-11 Sat 12:10-2:40-5:15-7:50-10:25 Sun 12:15-2:45-5:15-7:40-10 Mon-Thu 2:40-5:15-7:55-10:25
Hansel & Gretel: Witch Hunters 3D (18A) Fri 1:30-3:50-6:05-8:20-10:40 Sat 11:10-1:30-3:50-6:05-8:20-10:40 Sun 12:40-3-8:10-10:25 Mon-Thu 3:20-5:35-7:50-10:10
Identity Thief (14A) Fri 2:30-5:10-8-10:45 Sat 11:50-2:30-5:10-8-10:45 Sun 12-2:35-5:10-7:45-10:20 Mon-Thu 2-4:40-7:15-10
Life of Pi (G) Fri 1:35-4:25-7:25-10:15 Sat 1:15-4:25-7:25-10:15 Sun 5:15 Mon-Wed 1:30-4:15-7:05-10:05 Thu 4:15-7:05-10:05 Sun 1:35-9:50
The Metropolitan Opera: Rigoletto Live (STC) Sat 9:55
Safe Haven (PG) Fri 2:25-5:25-8-10-11 Sat 11:40-2:25-5:25-8:10-11 Sun 1:55-4:40-7:25-10:05 Mon-Thu 1:55-4:55-7:40-10:20
Side Effects (14A) Fri 2:45-5:30-8:15-10:50 Sat 12-2:45-5:30-8:15-10:50 Sun 12:25-3-5:30-8-10:30 Mon-Thu 2:15-5-7:45-10:30
Warm Bodies (PG) Fri 2:55-5:35-8:05-10:30 Sat 1-3:25-5:55-8:25-10:55 Sun 12:30-2:55-5:30-7:55-10:15 Mon-Thu 2:25-5:05-7:30-9:55
WWE Elimination Chamber - 2013 (STC) Sun 5

SilverCity Coquitlam
170 Schoolhouse Street

The Adventures of Elmo in Grouchland (G) Sat 11 Beautiful Creatures (PG) Fri-Thu 1:40-4:40-7:40-10:35 Fri-Sun 12:20-3:10-6:30-9:30 Mon 3:15-6:30-9:30 Tue 12:20-3:10-6:30-9:30 Wed-Thu 3:15-6:30-9:30
The Berlin File (14A) Fri-Thu 1:55-4:50-7:45-10:35
Django Unchained (14A) Fri-Sat 1-4:45-8:30 Sun 4:45-8:30 Mon-Thu 1-4:45-8:30
Escape From Planet Earth 3D (G) Fri-Sun 12:10-2:35-5-7:25-9:50 Mon 2:35-5-7:25-9:50 Tue 12:10-2:35-5-7:25-9:50 Wed-Thu 2:35-5-7:25-9:50
Gangster Squad (14A) Fri-Sun 3:45 Mon 4:55 Tue 3:45 Wed-Thu 4:55
A Good Day to Die Hard (14A) Fri-Sun 2-4:45-7:30-10:15 Mon 4:45-7:30-10:10 Tue 2-4:45-7:30-10:15 Wed-Thu 4:45-7:30-10:10 Fri-Sat 12:20-2:50-5:20-7:55-10:30 Sun 12:30-2:55-5:20-7:55-10:30 Mon 2:50-5:20-7:55-10:30 Tue 12:20-2:50-5:20-7:55-10:30 Wed-Thu 2:50-5:20-7:55-10:30
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Sun 1:10-3:35-6-8:20-10:45 Mon 1:10-3:30-5:50-8:10-10:30 Tue 1:10-3:35-6-8:20-10:45 Wed-Thu 1:10-3:30-5:50-8:10-10:30
The Hobbit: An Unexpected Journey (PG) Fri-Sun 12:05-6:30-10:10 Mon 1:05-7:50 Tue 12:05-6:30-10:10 Wed-Thu 1:05-7:50
Identity Thief (14A) Fri 1:30-4:30-7:30-10:15 Sat 11-1:40-4:30-7:30-10:15 Sun-Tue 1:30-4:30-7:30-10:15 Wed 4:30-7:30-10:15 Thu 1:30-4:30-7:30-10:15 Fri-Sun 2:30-5:15-8-10:45 Mon 5:10-7:50-10:30 Tue 2:30-5:15-8-10:45 Wed-Thu 5:10-7:50-10:30 Star & Strollers Screening Wed 1
Life of Pi 3D (G) Fri-Sat 1:20-4:15-7:15-10:15 Sun 1-4:10-25 Mon 1:20-4:15-7:15-10:10 Tue 1:20-4:15-7:15-10:15 Wed-Thu 1:20-4:15-7:15-10:10
The Metropolitan Opera: Rigoletto Live (STC) Sat 9:55 Sat 9:55
Move to Move - Netherlands Dance (G) Sun 12:55 Quartet (PG) Fri 1:45-4:20-6:50-9:20 Sat 11:20-2-4:25-6:50-9:20 Sun-Thu 1:45-4:20-6:50-9:20
Safe Haven (PG) Fri-Sun 12-2:40-5:20-8:05-10:50 Mon 2-4:45-7:35-10:20 Tue 12-2:40-5:20-8:05-10:50 Wed 4:45-7:35-10:20 Thu 2-4:45-7:35-10:20 Fri-Sun 1:10-4-7-9:50 Mon 4:10-7-9:50 Tue 1:10-4-7-9:50 Wed-Thu 4:10-7-9:50 Star & Strollers Screening Wed 1
Side Effects (14A) Fri-Sun 12:05-2:40-5:15-8-10:40 Mon 1:50-4:35-7:20-9:55 Tue 12:05-2:40-5:15-8-10:40 Wed-Thu 1:50-4:35-7:20-9:55
Silver Linings Playbook (14A) Fri-Thu 1:15-4:10-7:10-10:05
Warm Bodies (PG) Fri-Sun 12:30-3-5:35-8:10-10:40 Mon 2:40-5:10-7:40-10:10 Tue 12:30-3-5:35-8:10-10:40 Wed-Thu 2:40-5:10-7:40-10:10 Fri-Sun 12:50-3:30-6-8:45 Mon 3:35-6-8:45 Tue 12:50-3:30-6-8:45 Wed-Thu 3:35-6-8:45
WWE Elimination Chamber - 2013 (STC) Sun 5
Zero Dark Thirty (14A) Fri-Sat 12-3:30-7-10:25 Sun 1:10-7-9:30 Mon 2:45-7-10:25 Tue 12-3:30-7-10:25 Wed-Thu 2:45-7-10:25

Clova
5732-176th St., Surrey

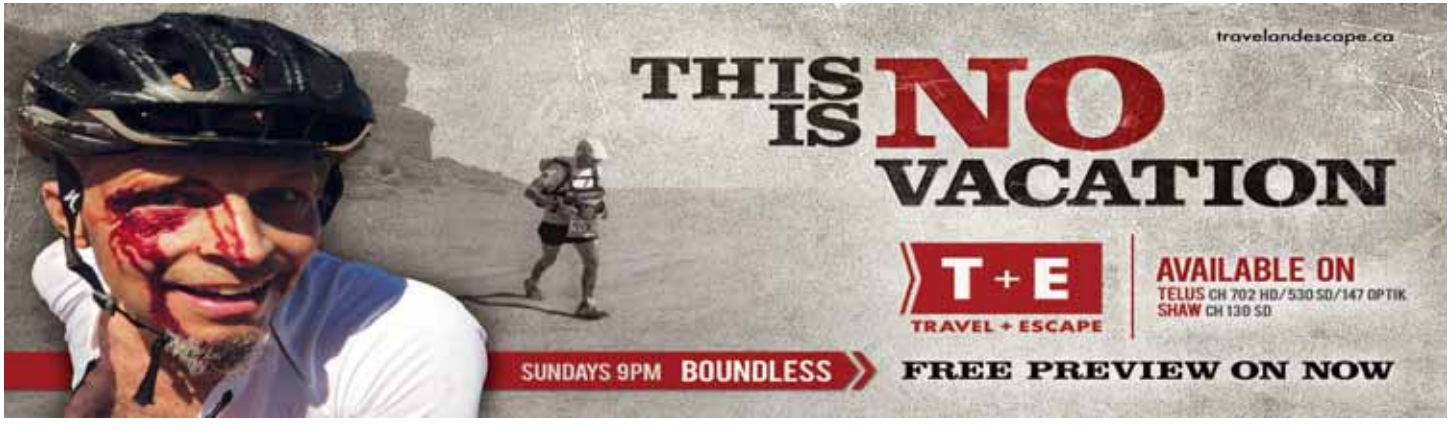
Escape From Planet Earth (G) Fri 7 Sat-Sun 1:30-7 Mon-Thu 7

Hollywood 3 Cinema
7125-138th Street, Surrey

Cirque du Soleil: Worlds Away (G) Sat-Sun 1 Django Unchained (14A) Fri-Thu 8:05 The Hobbit: An Unexpected Journey (PG) Sat-Sun 1
The Hobbit: An Unexpected Journey 3D (PG) Fri-Thu 8:30
Mama (14A) Fri-Thu 9:10
Les Misérables (PG) Fri-Thu 6:30
Monsters, Inc. 3D (G) Fri-Thu 4:40
Rise of the Guardians (G) Sat-Sun 3
Rise of the Guardians 3D (G) Fri 6:30 Sat-Sun 12:30-6:30 Mon-Thu 6:30
Wreck-It Ralph (G) Fri-Thu 4:30
Wreck-It Ralph 3D (G) Sat-Sun 2:30
Zero Dark Thirty (14A) Fri-Thu 5

Strawberry Hill Grande
12161-72nd Ave, Surrey

ABCD - Any Body Can Dance 3D (PG) Fri-Thu 4:30-8:15
The Adventures of Elmo in Grouchland (G) Sat 11 Beautiful Creatures (PG) Fri-Tue 1:40-4:40-7:40-10:25 Wed 4:40-7:40-10:25 Thu 1:40-4:40-7:40-10:25 Star & Strollers Screening, Wed 1
Escape From Planet Earth 3D (G) Fri 12:15-2:35-5-7:30-9:50 Sat 11-12:15-2:35-5-7:30-9:50 Sun 12:15-2:35-5-7:30-9:50 Mon 2:35-5-7:30-9:45 Tue 12:15-2:35-5-7:30-9:50 Wed-Thu 2:35-5-7:30-9:45
A Good Day to Die Hard (14A) Fri-Sun 12:20-2:45-5:20-7:55-10:30 Mon 2:45-5:20-7:55-10:20 Tue 12:20-2:45-5:20-7:55-10:30 Wed-Thu 2:45-5:20-7:55-10:20
Hansel & Gretel: Witch Hunters (18A) Fri-Sun 1:20-3:40-6-8:20-10:40 Mon 1:10-3:30-5:45-8:10-10:35 Tue 1:20-3:40-6-8:20-10:40 Wed-Thu 1:10-3:30-5:45-8:10-10:35
Identity Thief (14A) Fri-Sun 12-2:35-5:15-8-10:35 Mon 2:15-5:30-8-10:35 Tue 12-2:35-5:15-8-10:35 Wed-Thu 2:15-5:30-8-10:35 Life of Pi 3D (G) Fri-Thu 1:20-4:20-7:20-10:15
Love Story of Singh vs Kaur (STC) Fri-Sun 1:15-5:05-9 Mon 2-5:30-9 Tue 1:15-5:05-9 Wed-Thu 2-5:30-9
Murder 3 (STC) Fri-Thu 1:30-4:15-7:15-10:05 Race 2 (PG) Fri-Sat 2-6-9:30 Sun 1:05-9:30 Mon 2:20-6-9:30 Tue 2-6-9:30 Wed-Thu 2:20-6-9:30
Safe Haven (PG) Fri-Sun 12-2:40-5:25-8:10-10:45 Mon 2:30-5:15-8-10:30 Tue 12-2:40-5:25-8:10-10:45 Wed 5:15-8-10:30 Thu 2:30-5:15-8-10:30 Star & Strollers Screening Wed 1
Sajjan: The Real Friend (PG) Fri-Sun 1 Mon 1:15 Tue 1 Wed-Thu 1:15
Warm Bodies (PG) Fri-Sun 12:30-3-5:30-8-10:35 Mon 3-5:30-8:05-10:30 Tue 12:30-3-5:30-8-10:35 Wed-Thu 3-5:30-8:05-10:30
WWE Elimination Chamber - 2013 (STC) Sun 5



Studio 12 Guildford
15051-101st Ave, Surrey

Beautiful Creatures (PG) , Digital Fri 3:55-6:55-9:45 , Digital Sat-Sun 1:15-3:55-6:55-9:45 , Digital Mon 5:05-8:15 , Digital Tue 3:55-6:55-9:45 , Digital Wed-Thu 5:05-8:15
Escape From Planet Earth (G) , Digital Fri 7 , Digital Sat-Sun 1:50-7 , Digital Mon 5:30 , Digital Tue 7 , Digital Wed-Thu 5:30
Escape From Planet Earth 3D (G) , Digital Fri-Sun 4:20-9:25 , Digital Mon 8:45 , Digital Tue 4:20-9:25 , Digital Wed-Thu 8:45
A Good Day to Die Hard (14A) , Digital Fri 4:10-4:50-6:40-7:30-9:10-10 , Digital Sat-Sun 1:30-2:10-4:10-4:50-6:40-7:30-9:10-10 , Digital Mon 5:10-5:50-8-8:40 , Digital Tue 4:10-4:50-6:40-7:30-9:10-10 , Digital Wed-Thu 5:10-5:50-8-8:40
Hansel & Gretel: Witch Hunters (18A) , Digital Sat-Sun 2:20 , Digital Mon 5:55 , Digital Wed-Thu 5:55
Hansel & Gretel: Witch Hunters 3D (18A) , Digital Fri-Sun 4:55-7:20-9:55 , Digital Mon 8:45 , Digital Tue 4:55-7:20-9:55 , Digital Wed-Thu 8:45
Identity Thief (14A) , Digital Fri 4:30-7:10-9:50 , Digital Sat-Sun 1:40-4:30-7:10-9:50 , Digital Mon 5:20-8:10 , Digital Tue 4:30-7:10-9:50 , Digital Wed-Thu 5:20-8:10
Love Story of Singh vs Kaur (STC) , Digital Fri-Sun 3:05-6:20-9:35 , Digital Mon 7:30 , Digital Tue 3:05-6:20-9:35 , Digital Wed-Thu 7:30
Safe Haven (PG) , Digital Fri 3:45-6:25-9:05 , Digital Sat-Sun 1:05-3:45-6:25-9:05 , Digital Mon 5:35-8:25 , Digital Tue 3:45-6:25-9:05 , Digital Wed-Thu 5:35-8:25
Side Effects (14A) , Digital Fri 3:40-6:15-9 , Digital Sat-Sun 1:10-3:40-6:15-9 , Digital Mon 5-7:55 , Digital Tue 3:40-6:15-9 , Digital Wed-Thu 5-7:55
Sisterakas (PG) , Digital Fri 4-6:45-9:20 , Digital Sat-Sun 1:20-4-6:45-9:20 , Digital Mon 5:40-8:30 , Digital Tue 4-6:45-9:20 , Digital Wed-Thu 5:40-8:30
Special 26 (PG) , Digital Fri 6:30-9:40 , Digital Sat-Sun 3:15-6:30-9:40 , Digital Mon 7:45 , Digital Tue 6:30-9:40 , Digital Wed-Thu 7:45
Warm Bodies (PG) , Digital Fri 4:40-7:05-9:30 , Digital Sat-Sun 2-4:40-7:05-9:30 , Digital Mon 5:25-7:50 , Digital Tue 4:40-7:05-9:30 , Digital Wed-Thu 5:25-7:50

Rialto
1732-152nd Street,
White Rock

Quartet (PG) Fri 7-9:10 Sat-Sun 2:10-7-9:10 Mon-Thu 7-9:10
Side Effects (14A) Fri 7:10-9:15 Sat-Sun 2-7:10-9:15 Mon-Thu 7:10-9:15

Criterion 4 White Rock
2381 King George Highway

Escape From Planet Earth (G) Fri 7:30-9:20 Sat-Sun 2:30-7:30-9:20 Mon-Thu 7:30-9:20
A Good Day to Die Hard (14A) Fri 7:20-9:35 Sat-Sun 2:20-7:20-9:35 Mon-Thu 7:20-9:35
Identity Thief (14A) Fri 7:10-9:30 Sat-Sun 2:10-7:10-9:30 Mon-Thu 7:10-9:30
Safe Haven (PG) Fri 7-9:25 Sat-Sun 2-7-9:25 Mon-Thu 7-9:25

Colossus Langley
20090-91A Ave, Langley

The Adventures of Elmo in Grouchland (G) Sat 11
Beautiful Creatures (PG) Fri-Sun 1:40-4:40-7:40-10:35 Mon-Thu 4:20-7:25-10:25
Django Unchained (14A) Fri-Sun 1:40-5:20-9 Mon-Thu 4-7:45
Escape From Planet Earth 3D (G) Fri 12:10-2:30-5-7:30-9:50 Sat 11-12:10-2:30-5-7:30-9:50 Sun 12:10-2:30-5-7:30-9:50 Mon-Thu 4:35-7-9:30
Gangster Squad (14A) Fri-Sat 12:05-2:40-5:20-8:05-10:55 Sun 12:05-2:40-8:05-10:55 Mon-Thu 4:40-7:25-10:05
A Good Day to Die Hard (14A) Fri-Sun 1-3:30-6-8:30-11 Mon-Thu 5-8-10:30
A Good Day to Die Hard: The IMAX Experience (14A) Fri-Sun 12:30-3-5:30-8-10:30 Mon-Thu 4:30-7:30-10
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Sun 1:20-3:40-6-8:20-10:45 Mon-Thu 4:50-7:40-10:05
The Hobbit: An Unexpected Journey (PG) Fri-Sun 12:20
The Hobbit: An Unexpected Journey 3D (PG) Fri-Sun 2:55-6:30-10:15 Mon-Thu 4:30-8:30
Identity Thief (14A) Fri 12-1:50-2:35-4:30-5:15-7:15-8-10-10:50 Sat 11:05-12-1:50-2:35-4:30-5:15-7:15-8-10-10:50 Sun 12-1:50-2:35-4:30-5:15-7:15-8-10-10:50 Mon-Thu 4:10-4:40-7-7:30-9:45-10:10
The Impossible (14A) Fri 1:30-4:35-7:30-10:20 Sat 4:35-7:30-10:20 Sun 5:25-8:30-11 Mon-Tue 4:35-7:35-10:30 Wed 4:35-10:30 Thu 4:35-7:35-10:30
Life of Pi 3D (G) Fri-Sun 12-4:15-7:25-10:20 Mon-Thu 4:10-7:10-10
The Metropolitan Opera: Rigoletto Live (STC) Sat 9:55
Les Misérables (PG) Fri-Sun 12-3:30-7-10:30 Mon-Thu 4:25-7:55
Move to Move - Netherlands Dance (G) Sun 12:55
Quartet (PG) Fri-Sun 12:10-2:35-5-7:40-10:10 Mon-Thu 4:05-6:55-9:40
Safe Haven (PG) Fri-Sun 12-2:40-5:25-8:10-10:45 Mon-Tue 4:05-7:05-10:15 Wed 7:05-10:15 Thu 4:05-7:05-10:15 Star & Strollers Screening Wed 3
Side Effects (14A) Fri-Sun 12:15-2:50-5:25-8:10-10:50 Mon-Tue 4:25-7:15-10:10 Wed 7:15-10:10 Thu 4:25-7:15-10:10 Star & Strollers Screening Wed 3
Silver Linings Playbook (14A) Fri-Sun 1:20-4:20-7:20-10:25 Mon-Thu 4:20-7:15-10:25
Warm Bodies (PG) Fri-Sun 12:30-3-5:30-7:55-10:35 Mon-Thu 4:45-7:20-9:55
WWE Elimination Chamber - 2013 (STC) Sun 5
Zero Dark Thirty (14A) Fri-Sun 12:05-3:30-7-10:25 Mon-Thu 4-7:20-10:45

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- ✓Reduce Stress
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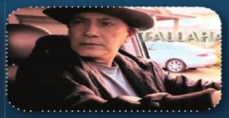
2013 FAKE FILM FESTIVAL

VANCOUVER

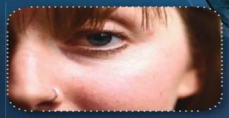
OFFICIAL SELECTION

Here are this year's TOP 25, in no particular order:

50/50
Submitted by Niki Hamed



Zombieland
Submitted by Jake Paler



500 Days of Summer
Submitted by Jordan Lee

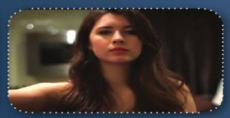
Wreck It Ralph
Submitted by Kial Natale

The Bourne Identity
Submitted by Dalj Brar

Ted
Submitted by Chris Vales

Evil Dead
Submitted by Gigi Guerrero

Superman
Submitted by Zia R. Marashi



Easy A
Submitted by Shelly Alford

Pitch Perfect
Submitted by Ryan Steele

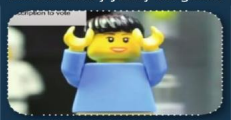
Forrest Gump
Submitted by Jenny Sergeant

Nosferatu
Submitted by Mike Caldwell

Ghostbusters
Submitted by Blake Fair

Ted
Submitted by Tommy Ma

Matilda
Submitted by Mark Parry



Hunger Games
Submitted by Justin Leung

Lord of the Rings
Submitted by Subryan

The Italian Job
Submitted by Doberstein

Life of Pi
Submitted by Thomas Kampioni

Jaws
Submitted by Jared Thomas

Dirty Harry
Submitted by John Hunter

Life of Pi in 3D
Submitted by Theo Kim

Kill Bill Vol. 1
Submitted by Julie Ng

Kill Bill Vol. 2
Submitted by Natalie Ng

Confessions of a Shopaholic
Submitted by Alicia Fruhm

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Hugh Bonneville is lord of this manor

Downton Abbey.
Actor reflects on the show's massive success

The third season of Downton Abbey ends this Sunday with a bang. But even with that, the larger point remains that after Sunday's Masterpiece Classic (airing at 9 p.m. Eastern on PBS), viewers must suffer Downton withdrawal until next season.

But until then, we'll have our memories. And what a season this has been! The valet, Mr. Bates, was sprung from jail and a trumped-up murder charge to begin married life with his bride, the plucky lady's maid Anna. Robert Crawley, Earl of Grantham (played by Hugh Bonneville), has gotten Downton Abbey back on its feet financially with an able assist from his son-in-law and presumptive heir, Matthew Crawley. Matthew wed his true love, Lady Mary Crawley. But another of Robert's daughters, Lady Sybil, died tragically during childbirth.

Through it all, Robert's mother Violet, Dowager Countess of Grantham (played by Maggie Smith) delivered a barrage of withering, hilarious rejoinders to virtually every narrative twist.

"I remember my very first scene with her in Season One," says Bonneville. "She's complaining about the new electric lights, and suddenly she put her fan up to her face to shield herself from 'the glare,' and spent the entire scene like that.

"It was so funny, and I was just, 'All right! There's no point in my even being here. She's just marched off with the scene!"'

Now, as then, Downton is a plush, penetrating peek into the lives of the aristocratic Crawley family and their household servants in an English castle of a century ago. With a cast that also includes Michelle Dockery, Elizabeth McGovern, Dan Stevens, Jim Carter and Brendan Coyle the series this season has drawn an average 11 million viewers each week.

The 49-year-old Bonneville, even firmly planted in a 21st-century Manhattan hotel, looks to the manor born. Nonetheless, his roles have strayed some distance from the lofty likes of Robert Crawley. For instance, Bonneville has been affable and bumbling in Notting Hill and Mansfield Park, and downright villainous in The Commander.

And coinciding with his Downton duties, he also played the addled Head of Deliverance for the Olympics commission in Twenty Twelve, a BBC miniseries that spoofed preparations for the London Olympics.

"There are people who think I've been doing nothing for 25 years, and then suddenly I get this role on Downton Abbey," Bonneville says with a laugh. "But I've had a really lovely time for 25 years! I've played everything from Shakespeare to sitcoms to period dramas to modern serial killers."

Of course, Bonneville realizes that Downton is a good bet for the lead citation in his obituary. He has finally acknowledged it: 'This show is a cultural phenomenon, not just a fad.

And he has theories why: the savoury writing by series creator Julian Fellowes, the cast is splendid, production values are luxurious and the premise remains rich with possibility.

"Underneath it all, this series is about romance rather than sex, it's about tension rather than violence, and it's about family — both the literal family and the staff as family," says Bonneville. "It explores the minutiae of those social structures, the nuances of the system as to whether someone's in or out."

THE ASSOCIATED PRESS

Hugh Bonneville plays the patriarchal Lord Grantham. DAN HALLMAN/INVISION/AP

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The doctor is out, but the skeptic is in

Zero Hour. Anthony Edwards plays a skeptic pulled into a conspiracy that spans the globe

NED EHRBAR
Metro World News in Hollywood

When ER went off the air in 2008, Anthony Edwards seemed satisfied to leave television behind.

"Yeah, I said I would never do a one-hour television show again. I was done," Edwards offers with a laugh. But the 50-year-old actor is back with Zero Hour, a globetrotting, conspiracy-filled adventure series. So what made Edwards want to come back?

"When ER was done, I felt like I had really accomplished something. It had been an amazing eight years, and I was ready for a new adventure, which included my family and taking time and moving to New York. It really took a while to recover from that," he explains.

"I also knew that if I was going to come back to television, ... it would have to be something that was as exciting to me.

"And I just said, 'If these guys are crazy enough to tell this story, I want to do it with them.'"

Edwards stars as Hank Galliston, a lifelong skeptic who gets pulled into an elaborate conspiracy spanning the globe and centuries of history — all while trying to find his wife, who is mysteriously abducted in the first episode.

"Hank Galliston, what's great about him is that he gets to be you. He gets to be the audience in a lot of ways," Edwards explains. "He gets to go on this journey without knowing at all what's going on. He's as bewildered at the beginning, I think, as the audience is. So, for me, that's a great place to play because whatever these geniuses come up with in the scripts — which they have — and whatever these wonderful actors come up with to play with, I get to react to."

But Edwards doesn't think the fact that both Hank and the audience are meant to feel out of their depths will be a turn-off for viewers. Quite the opposite, in fact.

"I think television gets criticized for being condescending and telling stories too simply," he says. "This is going to really challenge and excite people because they're not laying it out simply. It's a complicated story, and that's a great commitment."

Metro News, Just For Laughs and Jeremy Hotz Want to Get you Out of Your Misery!

Jeremy Hotz

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Zero Hour airs Thursdays on Global. HANDOUT

A gigantic spectacle

The Da Vinci Code for TV?

The globetrotting and puzzle-solving at the heart of Zero Hour may have viewers getting a sense of Da Vinci Code deja vu, as much of the tone of the new mystery adventure series seems to have a Dan Brown hue to it.

But the folks behind the show insist they weren't just trying to do a Da Vinci Code for television.

"There were kind of two mandates going into it, one of which was to deliver something gigantic. We wanted to make a spectacle," says the show's creator, Paul Scheuring, noting that he didn't want to make the mistake previous shows had made of not knowing where the core mystery of the series would be going.

"Before I even put pen to paper in any kind of sense in this, I'm like, 'What are the last frames of this series?'" he says. "So from that I then reverse-engineered this larger kind of construct and threw in all those delicious elements like the Nazis and church and such to get to that final place.

"That's a very, very long-winded way of no, it's not the Da Vinci Code."

NED EHRBAR/MWN

‘If I hang out with this person I could end up in a mental hospital’

Electronic band.
Mouse on Mars on their manic music and crazy collaborations

NOLAN GAWRON
scene@metronews.ca

Mouse on Mars creates music monsters, not songs. SEBASTIAN SZARY

Rockers don’t know what they’re doing or how they’re doing it, dancers often seem perplexed at a seeming lack of structure, DJs wouldn’t dare venture into such dangerous territory, but somehow, despite all of the experimental endeavors of Mouse on Mars, they intrigue music lovers of all stripes.

This German avant-garde electronic band is an especially eclectic outfit that can’t possibly be grouped into any specific category. Their discography ranges from ambient chill-out to abstract bombastic sonic onslaughts — and most times the music is a combination of both.

“We don’t really think in track terms,” says founding member, Jan St. Werner. “We think more in story terms. Each song has a narration and has its peaks and ups and downs and comes back together. Each track is really a story, or a drama rather than a set of codes.”

Deconstructing source material and rebuilding it piece-by-piece, Mouse on Mars juxtapose obtuse oscillations with anxiety-filled clicks, clangs and hisses, provoking chaos, just to tame it later and massage it into a blissful soundscape or straight-up dance beat.

Six years since their last recording, the band released two albums in 2012, each very different and unique in style.

“Parastrophics was basically a record five years in the making,” says Werner. “WOW was a record completely in the moment and a just a few weeks in production. In ways those records blend together. Parastrophics is basically a riddle and a map, or a ‘house of leaves,’ where WOW was about a much more immediate expression of a feeling. It assumes that everything that would need reflection or a sentence would be a waste of time. The way those records back each other up and belong to the same sound and same cosmos describe the same planetary system relationship of sound and size of sound and sound material.”

Together with collaborator Andi Toma, Mouse on Mars have covered more sonic landscapes than most other electronic outfits.

“Sometimes I think we are so different that I don’t understand at all what he is about,” says Werner. “I think there’s a massive miscommunication between us — trying to figure out what each of us wants on a track for some reason creates part of the sound. You realize that this is really dangerous. If I hang out with this person I could end up in a mental hospital. It’s a bit like what happens when you fall very deeply in love with a person. You see this person and you think, ‘I’m falling and I’m falling endlessly.’ You want to escape it, but you’re also hyper attracted to it. And that happened musically with Andi. When we sew these qualities together and see this massive music monster appear, we feel like we’re fighting it — we’re fighting this beast of sound. I know I need to go and fight it, and I know that only Andi and I can do it.”

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Liquid Assets

Dynamic duo: Eggs and wine

LIQUID ASSETS
Peter Rockwell
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Sharing my page with Rick Mercer this week has brought out my inner rant.

It's a rant inspired by the union of booze and the most important meal of the day — breakfast.

Now, I don't mean having a few Jäger bombs with your bagel before hitting the road to work. That's why the Italians invented the skinny cappuccino.

I'm talking weekends, holidays, snow days. Those mornings where your keys stay in your coat and you can sip and savour a bevy over a plate of home cooked goodness like, say, scrambled eggs.

What makes brunch, lunch and dinner so special when it comes to an adult liquid partner pairing?

I say that breakfast has lived in its shadows for too long, and it's time we all find an opportunity to break out the stemware in the a.m.

Even with their jiggly-feel, eggs are easy on many wines. Keep things white, unoaked and fruit-forward.

Think wines made with the riesling, sémillon or sauvignon blanc grape.

Kim Crawford 2011 Pinot Gris ($19.95 to $22.99) is another good choice.

Rich, textured and tropical, it makes a fine companion for any egg dish — morning, noon or night.

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Dining on the road with Mercer

Q&A. The Rick Mercer Report star shares his fave meals and places to eat across Canada, as well as a recipe for his go-to dish

DAN CLAPSON
life@metronews.ca

Everyone's favourite Canadian funnyman Rick Mercer doesn't really sit still. His popular show, The Rick Mercer Report, sees him on the road, popping in and out of many of Canada's diverse cities.

I caught up with Rick in between his busy travel schedule to find out what he eats on the road.

What's the best part about being able to travel across Canada regularly?
It's such a big country but I never get tired of it at all. I can't say enough (about) it. I love getting to know a part of the country. I actually do view the entire country as the "town" I live in. I am all over the country all the time and I love it.

Since you travel so much, do you find it hard to eat healthy on the road?
It's extremely difficult, to no fault of the travel, quite frankly. If you're hitting the road at 6 a.m., there are very few options. There was a decade of those terrible egg sandwiches, which everyone enjoys while they're eating but then regrets immediately after.

What's the staple 'quick meal' for you when you're on the road with your show?
The staple on the road is the Tim Hortons' ham and cheese. I cannot tell you how many ham and cheese sandwiches have been consumed by my team and I while we're on the road. It's shocking how many of those we consume for lunch! At least it's not a burger and fries. You can't do that everyday, otherwise it's over!

If you are stuck in a lay-over, what fast food joint do you succumb to when you're hungry with nothing to eat?
Well, that depends on the airport. I do know every airport in the country! There is no scenario where I am in Montreal's airport and not have a Schwartz's!

One of the best meals you've had was at...
Da Maurizio in Halifax. It's still, to this day, the best Italian I've eaten in this country. Yes, I know those are fighting words!

If you had to pick a Canadian city's airport to live in for a week, which one would it be?
Vancouver has a tremendous airport with great food. I believe the (luggage) carts are free too, which I always admire in an airport. It's just a comfortable place. I could live there!

If you are at home, what do you eat?
I'm a big scrambled eggs guy at (home). Also, I think 90 per cent of the eggs you get in a fast food restaurant or while you're travelling are not particularly very good — probably because they were made the day before or something.

At home, Rick keeps it simple with his favourite food: scrambled eggs. SUBMITTED

Rick's Scrambled Eggs

1. Whisk together the eggs, half and half, black pepper, paprika and salt.
2. Melt the butter in a large pan on medium heat. Once melted, add the egg mixture to the pan and let cook for 2 minutes.
3. Using a spatula or spoon, push egg mixture from the sides of the pan into the centre and let cook for another 2 minutes. Repeat until all of the egg mixture has cooked through.
4. Stir in any grated cheese or optional ingredients and serve.

- 6 large eggs
- 2 tbsp half and half
- 1 tsp ground black pepper
- 1 tsp paprika
- 1/2 tsp salt
- 2 tsp butter
- Optional ingredients: Freshly grated Parmesan, chopped tomatoes, sliced scallions, etc.

RECIPE COURTESY OF RICK MERCER

This recipe serves three. ISTOCK

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NOTABLE NOW
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

Chinese New Year Parade

Celebrate the Year of the Water Snake and be sure to head down to Chinatown Sunday for this annual, colourful cultural celebration and parade. Extra special for this year's 40th Chinese New Year Parade (which draws upward of 50,000 spectators) are cultural dance troupes, marching bands, lion dances, martial arts performances and more. The parade begins at the Millennium Gate meandering its way throughout Gastown/Chinatown onto Keefer before finally ending at Taylor Street. cbavancouver.ca.

Coming up: After Hours at the Vancouver Aquarium

The Vancouver Aquarium's adults — only After Hours event is next week and worth it. Enjoy the new Secret World of Sharks and Rays exhibit and discover the amazing lifestyles of the not-so-famous sharks and their cousins — the skates, rays and ratfishes. Plus, explore galleries and exhibits while enjoying a beer or glass of wine. Tickets must be bought in advance ($21 for general public) with more information found at vanaqua.org. Feb. 20. starting at 6 p.m.

24-Hour Movie Marathon

If the wet weather has you pining for escape, you can do so starting Saturday at 10 a.m. by participating in the 24-Hour Movie Marathon. The movie line-up is being kept on lock-down, but guaranteed it will be reel after reel of good stuff. CityTV's own movie guru, Thor Diakow, will be on-hand to host and plenty of prizes, movie marathon kits and other goodies will be added to the mix. Just remember to pack your PJs and toothbrush. Tickets are $40. Feb 16 to 17 at 1131 Howe St. thecinematheque.ca.

A Very Funny Evening with Colin Mochrie

If you're looking for a laugh this weekend, be sure to head down to the Vancouver TheatreSports League (VTSL) at the Vogue Theatre. On Saturday night, there will be two special 90-minute shows taking place, headlined by none other than one of Canada's funniest, Colin Mochrie, and special guests with proceeds from the evening going toward paying off the creation of The Improv Centre. Mochrie got his comedic start at VTSL and is thrilled to be back to garner big laughs. vtsl.com. Tickets start at $27 (plus tax).

Coming up: Home +Garden Show

The smell of spring is all but in the air, with the return of Vancouver's most anticipated annual home and garden show. This year will again feature top Canadian talent, brands, exhibits and demos with live presentations from Bryan Baeumler, local duo Philip DuMoulin & Sarah Daniels, and top culinary talents. Peruse exotic gardens and greenery and check out both a deck building competition and chili cook-off benefitting the BC Professional Fire Fighters' Burn Fund. Feb. 20 to 24 BC Place, 777 Pacific Blvd. bchomeandgardenshow.com.

FUSE at the VAG

Back for another night of art-fuelled networking, live music, fun and plenty of wine, fuse is the VAG's signature adult-only event. This see-and-be-seen happening is always packed with interesting party-goers and sees the gallery transformed into late-night performance spaces. Look for the works of Lief Hall, Brennan Kelly and Alex Stursberg, among others. Admission is $17.50 and tickets can be purchased at anartgallery.bc.ca. Feb. 15.

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Book of love. Bible that survived ocean crossing holds a family's history

It was always there: on a table, her counter or carefully laid open on a chair.

The worn black book with a cross in fading gold was one of her most treasured items. In fact, it was her only real possession after having lost everything she owned when she made the long journey from Jamaica to England and, at last, Canada, in the '70s.

Her luggage never made the trip to Canada, lost somewhere on route or perhaps left behind in England. The bible was the one true reminder of where she came from — and that was just fine with my grandma.

Yellowed on some pages, faded on others, in a way it was a representation of her life that began as a bright, ponytail-wearing child in Jamaica who had weathered severe adversity but still had a great story to tell.

It was a book her mother gave her, passed down from her mother before her. It was the only thing that survived her flight across the Atlantic Ocean.

The first words in the book were in the family tree that was found on the first page and hardly legible any more, having been written in pen so many years ago. Her mother, my great grandmother, who was born in 1916, stands as the first entry. Added names throughout the decades in different coloured ink play out like a trail to the living and preserve memories of family members passed. Family I will never know, but who hold sway in my grandmother's life (how long that life has so far been, my grandma refuses to tell. A lady never tells).

When my grandmother immigrated to Canada, she reasoned moving closer (at least geographically) to Jamaica from England and to a better job was the right decision.

As much as the cold, wet weather made her knee ache sometimes, it was her home, and the place where she'd met my grandfather — a Jamaican expatriate, like herself, looking for better opportunities away from the tiny island where they grew up.

In the end, her life in Canada was better than she would have expected. She worked hard and eventually purchased a modest place to call home and later gave birth to a cherub-faced daughter (my mother) in her adopted country.

She visits Jamaica as much as her health will allow her, but won't likely return for good. If she ever feels homesick she never lets it show, but that could be because her book, with the cross in fading gold and barely legible family tree, is always within arm's reach.

TAKARA SMALL, METRO

Takara Small and her grandmother. PROVIDED

Soaking in serenity on Salt Spring Island

Black history month. Historic photo evokes the peace found by many black immigrants in British Columbia

EVELYN C. WHITE
For Metro Canada

The stirring 1963 I Have A Dream speech by Rev. Martin Luther King, Jr. stands as a landmark in the black freedom movement in North America.

But more than a century before King's plea for racial justice, a group of blacks, weary of discrimination, left the U.S. and settled on B.C.'s Salt Spring Island, located in Georgia Strait between Vancouver Island and the Mainland.

Today, direct descendants of the black pioneers still reside in the pastoral landscape also hailed as a vibrant artist colony.

I was thrilled to discover Salt Spring's black history when fate brought me to the island about a decade ago.

The intriguing saga begins with Sir James Douglas (1803-1877) who, in 1858, was appointed the first provincial governor of B.C.

The son of a black woman from Barbados and a Scottish planter, Douglas, in need of skilled workers to meet a gold frenzy in the region, urged a band of blacks in California to move to B.C.

At the time, a federal Fugitive Slave Act that poised them for possible return to bondage threatened free blacks. Dispirited by an increasingly hostile climate, several hundred blacks accepted Douglas' invitation and sailed north to Victoria.

By 1859, a core group of the blacks had built log cabins on nearby Salt Spring Island, the ancestral grounds of the Coast Salish people. There, they hunted cougars, cultivated farms and cleared the deeply forested terrain for future immigrants.

Salt Spring's black pioneers included Jim Anderson, who built the community's first public picnic site on his property. Proficient on the trumpet, he routinely roused neighbours with a brisk blast of Reveille.

Salt Spring Island pioneer Jim Anderson poses for a photo on his canoe with one of the Whims children at Walker's Hooke in the early 1930s. JESSE BOND/COURTESY SALT SPRING ARCHIVES

For more on black history

- To read the three winning essays in RBC's student competition, go to metronews.ca and click on Black History Month

I was captivated by the image of a nattily dressed Anderson and a black boy in a canoe that appears in my book Every Goodbye Ain't Gone: A Photo Narrative of Black Heritage on Salt Spring Island.

Our African forebears packed like sardines in the holds of slave ships, many North American blacks have a pained relationship with boats and water. This discomfort has been compounded, over the years by our wounding experiences with segregated beaches, swimming pools and "coloured" drinking fountains.

The serenity that the pair exhibits in the photo marks the peace that has prompted a steady stream of black folk to settle on Salt Spring since the late 1850s.

Inspired by Anderson and the youngster, I braved my long-standing fear of water and learned how to swim during my sojourn on the island.

Stitching together stories of strife and success

Patch of the past. Irreplaceable quilt was born of necessity, but sewn with soul

SHAUNTAY GRANT
For Metro Canada

I'd probably seen my great-grandmother's quilt a dozen times before noticing the teal pocket gently set against a blue and white tweed.

"My sister's coat," my grandmother explained. "And those are old dresses," she added, signaling a colourful border lined with red, pink and mauve patterns.

"And the yellow?" I wanted to know.

"That was a winter top," she said. "These are all old winter dresses, coats, skirts…"

"And the brown stains?"

"Smoke stains. From when the old house burned down — the second time."

And suddenly my great-grandmother's quilt was more than just worn fabric. It was a time capsule. A memory book. A diary full of stories.

The quilt itself is just 65 years young, but the story goes back much further. As far back as the migration of American Black Loyalists and Jamaican Maroons to Nova Scotia in the latter part of the 1700s. And as far back as the wave of Black Refugees who — like the Loyalists and Maroons — settled in rural Nova Scotia after the War of 1812. Like her ancestors, my great-grandmother Annie Simmonds (1901–1986) encountered many hardships — set against a backdrop of marginalization and racial segregation, the people of her community (North Preston, Nova Scotia) were faced with brutal winters, unwanted soils and a lack of basic needs like food, clothing, and adequate shelter.

Shauntay Grant's great-grandmother's quilt. PROVIDED

Wrapped in remembrance

"Of the many winter quilts my great-grandmother would have stitched to warm her children, this single heirloom is all that remains."

Shauntay Grant

"The houses were very cold back then," remembers my grandmother. "Made of slab boards, tar paper and sealed with cardboard."

My grandmother says these old patch quilts were the best defence against the cold climate. And of the many winter quilts my great-grandmother would have stitched to warm her children, this single heirloom is all that remains.

And it's full of stories.

My grandmother tells me she remembers watching her mother piece the quilt together, sitting on a kitchen chair near the woodstove, the fabric just spilling from her lap. And she remembers how the cat got lost inside the lining, and how her mother almost stitched the quilt shut not realizing that "Fluffy" was trapped inside.

My grandmother herself has carried on this tradition of making quilts, and hers are beautiful patterns with stories of their own.

But none touches me so much as this old winter quilt come from necessity; knotted with yarn and slanted around the border; indifferent to pattern and symmetry; with heaps of stories wrapped up inside.

NHL

Kesler's return near: Vigneault

So, is Ryan Kesler close to a return to the Canucks lineup?

Kesler, who had off-season shoulder and wrist surgery, told reporters Thursday there was still "no timeline." However, head coach Alain Vigneault hinted strongly to the contrary. The Canucks host the Dallas Stars Friday at Rogers Arena.

Wearing a blue jersey as opposed to the standard no-contact grey jersey for Thursday's practice at the Pacific Coliseum, Kesler skated on a line with Zack Kassian and Chris Higgins. He also took reps on the Canucks' first-unit power play with Daniel and Henrik Sedin, Alex Burrows and Alex Edler.

"Felt good out there but like I said, no timeline yet," Kesler said.

Vigneault's comments offered reason to think Kesler's return is more imminent than the speedy centre is letting on.

"He's been medically cleared to play," said the coach.

"He looks real good on the ice, he was playing on a regular line today at practice and taking a regular shift on one of the power-play units. So I'll let you guys figure it out.

"I think there's all indications that he's ready to go. So unless something changes from here to tomorrow ..."

Goaltender Cory Schneider will start Friday. CAM TUCKER/METRO

Canucks pull plug on Malhotra's season

NHL. 'It was a situation that basically changed Manny's life in a half a second,' GM says

CAM TUCKER
cam.tucker@metronews.ca

Vancouver Canucks centre Manny Malhotra will miss the rest of the season after failing to adapt sufficiently following a career-threatening eye injury. THE CANADIAN PRESS FILE

Vancouver Canucks centre Manny Malhotra, a popular figure with teammates and fans, will miss the remainder of the 2013 season in a decision general manager Mike Gillis called "the hardest thing I've done in this job."

The Canucks on Thursday put the 32-year-old Malhotra on injured reserve. Gillis also ruled out any possible chance Malhotra could return to the lineup for the playoffs.

A free-agent signing of the Canucks in July of 2010, Malhotra was enjoying a solid first season in Vancouver when he suffered a horrendous eye injury in a game against the Colorado Avalanche on March 16, 2011.

"It was a situation that basically changed Manny's life in a half a second ... and watching what he did to try and recover from that and the difficulty of it, it was a very difficult decision for me to make," said Gillis.

"One that has been thought about for some time. It wasn't done spur of the moment at all. We came to the conclusion that for his long-term health and long-term safety that this was the best thing we could do."

Malhotra returned to action for Game 2 of the 2011 Stanley Cup Final against the Boston Bruins, playing the rest of the series with a full face shield.

Gillis felt the effects of the injury didn't get worse, but "there wasn't the type of change necessary for him to not be at a much higher risk than most everybody else out on the ice, in my opinion."

Gillis said he originally came to the decision to put Malhotra on IR last year.

"The year before, because of the procedures he was going through, he didn't have a chance to train and he felt strongly that a better opportunity to get in great shape would help him," said Gillis.

Quoted

"He means a lot to our team and he brings a lot on the ice but even more so off the ice."

Captain Henrik Sedin on losing teammate Manny Malhotra for the rest of the season

"We wanted to give him that chance. I wanted to give him 10 games to watch and see if there was any discernible change and felt there wasn't."

The Canucks not only signed Malhotra for his exceptional skills in the faceoff circle and his ability to contribute in a number of different roles, but also his leadership qualities.

"He means a lot to our team and he brings a lot on the ice but even more so off the ice. Great teammate. It's sad news," said Canucks captain Henrik Sedin.

Gillis said Malhotra will stay with the team, although "we haven't flushed out fully what the role's going to be."

4 SPORTS

Players mull over cut-proof protection

NHL. Reigning Norris Trophy winner's injury to Achilles has given the league a scare

Gruesome cuts like the one that ended Ottawa Senators defenceman Erik Karlsson's season are not new to hockey or any sport played on skates.

But when a Norris Trophy winner goes down after his Achilles tendon is nearly severed in half, it makes players around the NHL wonder if they should start wearing cut-proof socks and other equipment that may prevent such scary injuries.

The Karlsson injury was the talk of the league Thursday after Karlsson's left Achilles tendon was cut by a skate blade during a game against the Pittsburgh Penguins on Wednesday night.

Senators general manager Bryan Murray said 70 per cent of Karlsson's tendon was cut as a result of the incident. Karlsson underwent surgery Thursday and recovery is expected to be at least three to four months, thus ending Karlsson's season.

Many players are already wearing cut-proof Kevlar socks but a lot have either never tried them or don't like them.

"It's a tough call," said Karlsson's defence partner Marc Methot. "Most of us have never even tried them on before.

"It certainly raises awareness now. I'm going to try them out."

Murray lamented some players are stubborn about their equipment even if it may prevent an injury.

Ottawa Senators defenceman Erik Karlsson limps off the ice after colliding with Pittsburgh Penguin Matt Cooke in Pittsburgh on Wednesday. Karlsson will need surgery to repair his Achilles. GENE J. PUSKAR/THE ASSOCIATED PRESS

"We have skate guards that defencemen should be wearing and I look around and not many defencemen are wearing them," he said. "Players want to be able to play at a high speed and they think that some of this stuff is cumbersome so they take the risk of not wearing it."

Several high-profile NHL players have missed significant time due to skate cuts.

Defencemen Kevin Bieksa of the Vancouver Canucks and Andrei Markov of the Montreal Canadiens both have had their legs sliced open by razor-sharp skates in recent seasons.

Anaheim Ducks scoring star Teemu Selanne has had two major cuts in his career and now wears Kevlar socks and wrist guards.

Both Buffalo Sabres goalie Clint Malarchuk in 1989 and Florida Panthers forward Richard Zednik in 2008 nearly died when arteries in their throats were slashed by errant skates.

Karlsson was retrieving the puck in a corner when Matt Cooke's skate sliced into the back of his left leg just above the boot of his skate. Karlsson was not wearing cut-proof socks. THE CANADIAN PRESS

Using Kevlar

Canucks say lacerations preventable

Vancouver Canucks players are calling for NHLers to wear Kevlar socks in wake of Ottawa Senators defenceman Erik Karlsson's injury.

"It's a personal choice, but I don't see why guys wouldn't," said Canucks defenceman Kevin Bieksa, who has twice overcome skate lacerations.

Karlsson suffered a severed Achilles tendon Wednesday after Pittsburgh Penguins winger Matt Cooke stepped on the back of his leg.

"Short-track speed-skaters all wear (Kevlar socks) because of the close contact with the blades," said Bieksa on Thursday. "It's still a freaky accident for it to happen. But (wearing Kevlar) is a small step you could do to prevent it happening."

Islanders snap losing streak

New York Islander Lubomir Visnovsky breaks his stick on a slapshot in the third period Thursday against the New York Rangers in New York. The slumping Islanders erased a two-goal deficit with three second-period goals and then held off the Rangers in a shootout to win 4-3 and snap a five-game losing streak. HENNY RAY ABRAMS/THE ASSOCIATED PRESS

CFL. Lions set to welcome Jackson back to the den

The B.C. Lions are expected to officially announce a contract extension for non-import receiver Paris Jackson Friday afternoon.

Jackson, who originally hails from Vancouver, has spent 10 years with the Lions and is a first-round draft pick from 2003.

His best season was in 2008, when he had 1,180 yards receiving and eight touchdowns. His role the past few years has been reduced mostly to special teams.

TSN.ca reported Thursday afternoon that the deal was one year, plus an option.

The CFL free-agency period kicks off at 9 a.m. PST, on Friday. CAM TUCKER/METRO

Janssen, Romero step onto comeback trail

Toronto Blue Jays closer Casey Janssen takes part in a drill in Dunedin, Fla., on Thursday. Janssen had shoulder surgery in November following a season in which he saved 22 games for the Jays. NATHAN DENETTE/THE CANADIAN PRESS

The sun was nowhere to be seen Thursday and eavestroughs carved puddles into the gravel at rainy Florida Auto Exchange Stadium by early afternoon.

Of course, most Blue Jays players had left by then.

Still, it was a good day's work for pitchers Casey Janssen and Ricky Romero.

Both threw from the practice mound, taking another step in their comeback from off-season surgery.

For rehabbing pitchers, making it to the mound only comes after seemingly endless tossing sessions on level ground.

"It was fun to be on a mound and throwing downhill again," said Janssen, a reliever who had shoulder surgery in November.

"Any time you get a chance to get up on that mound and see a catcher, it feels good," said Romero, a left-handed starter who had his elbow cleaned out in October and had platelet-rich plasma (PRP) injections in both knees.

The 31-year-old Janssen, who took over as closer after Sergio Santos had shoulder surgery in July, converted 22 of 25 save opportunities and finished a fine season with a 1-1 record and 2.54 earned-run average.

He is being monitored closely to ensure he does not come back from surgery too fast. He estimated Thursday he was throwing at 70 to 80 per cent of what he is capable of.

In 2012, Romero raced out to an 8-1 record but eventually tied a franchise record with 13 straight losses. He finished with a 9-14 record and 5.77 ERA in 33 starts.

With the surgery, he had plenty of time in the off-season to ponder a rotten year. Asked how that felt, he replied "Like crap," and laughed. THE CANADIAN PRESS

Quoted

"I had a bad year and that's all there is to it."

Starting pitcher Ricky Romero, who's not making excuses for his struggles last season.

Glut of pitching talent

Happ's role in limbo

J.A. Happ chooses his words carefully as reporters circle his locker.

The gist of the conversation is that the Jays' off-season marquee pitching acquisitions have left him somewhat in limbo.

Everyone seems to be in a "we'll see what happens" mode.

"I prepared like I do every off-season, and that's to be a starting pitcher in the big leagues," Happ said when asked if he was comfortable with the circumstances. THE CANADIAN PRESS

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
You will have to make sacrifices in one area if you want to make progress in another. At work, try to get important people on your side because no matter how talented you happen to be, you can't do it all alone.

♉ Taurus
April 21 - May 21
Whatever your plans, whatever your schedules, whatever your deadlines, it is essential that you take life at a slower, calmer pace today. Everything you need will come to you if you let it. Sit back and let it happen.

♊ Gemini
May 22 - June 21
You may not feel brave on the inside but try to look brave on the outside. Self-confidence is the key to success now and if you can convince people you've got it you'll get what it is you desire.

♋ Cancer
June 22 - July 23
You may have to rely on partners and colleagues a bit more than usual over the next 24 hours. That means revealing information you might prefer to keep to yourself. Make sure you confide only in those you trust.

♌ Leo
July 24 - Aug. 23
You cannot possibly be the best at everything — no, really! And the sooner you stop trying, the better. You will achieve more over the next few days if you stick to the two or three things you are exceptionally good at.

♍ Virgo
Aug. 24 - Sept. 23
You need to get serious about something of a creative or artistic nature. You may think you are serious about it already but deep down you know you have been holding back. As from today, you must give it your all.

♎ Libra
Sept. 24 - Oct. 23
You don't have to suffer in silence if someone has cheated you in some way. Shout out loud about it. Kick up a fuss. If you don't make an issue of it now they will take advantage of you again later on.

♏ Scorpio
Oct. 24 - Nov. 22
Let others have their say first then, when they have finished, point out the flaws in their argument. You may not win many friends but you will make it clear you are not going to be taken in so easily.

♐ Sagittarius
Nov. 23 - Dec. 21
Saturn's influence demands that you start thinking seriously about ways to make ends meet and make your money go further. In a nutshell, you must spend less or earn more. Ideally, of course, you need to do both.

♑ Capricorn
Dec. 22 - Jan. 20
Strive to make a positive impression on people in positions of authority. The more you can show them that you are on top of your game, the more likely it is they will turn to you when there is a promotion on offer.

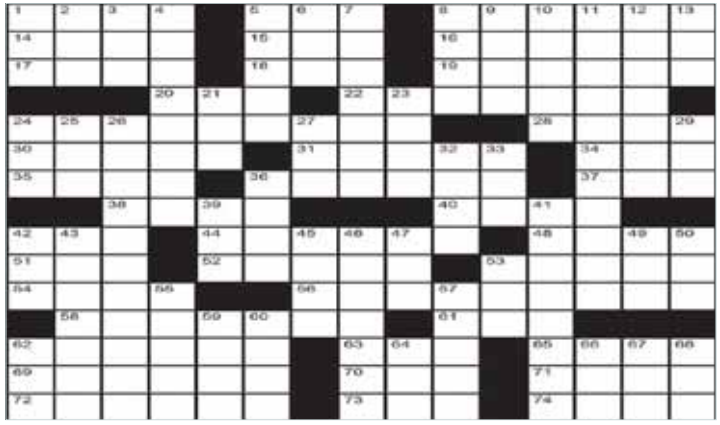
♒ Aquarius
Jan. 21 - Feb. 19
You seem to be struggling with some serious questions about your place in the world. You certainly have not found the right answers yet. Don't worry, it's only a matter of time before it all clicks into place.

♓ Pisces
Feb. 20 - March 20
People are looking to you to take a lead and you must not let them down. Today's Mars-Pluto link will endow you with loads of energy and no end of self-confidence. You'll need them for the tasks ahead.

SALLY BROMPTON

Crossword: Canada Across and Down

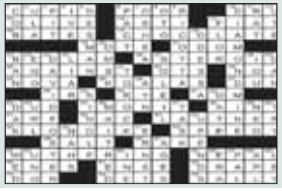
BY KELLY ANN BUCHANAN



Across
1. National __ of Canada Day
5. Prefix to 'metrical'
8. Takes on the role of: 2 wds.
14. Copy of an orig.
15. My own, in Latin
16. "Wow!", in Australia
17. Abominable snowman
18. Grass appendage
19. The Grand __
20. Prefix to 'lead'
22. Marc __, painter of I and the Village (1911, oil on canvas)
24. "Rise Up" by The __ Club
28. Earth
30. Anoint, archaically
31. Lathers
34. Dundee denial
35. __ poker
36. Baseball great Mickey
37. Explosive letters
38. Sporty brand
40. Mil. stockpile
42. UK record label
44. Deceive
48. One who must pay
51. Philosopher, __-tzu
52. Drive, do this
53. Two down, __ __ go
54. Mailed a letter
56. Phar Lap, for one
58. Creeks
61. Roadie's haul
62. Make _ __ (Reception tradition)
63. Meditation sounds
65. Receptive
69. Self-evident fact
70. 'The Science Guy', Bill __
71. Former currency in Italy
72. Mr. Safer, Canadian correspondent on "60 Minutes"
73. Mr. Mineo
74. Wool

Down
1. Use a pan
2. Kathie Gifford link
3. Inclined
4. House of __ (Monaco's royal family)
5. NBC series starring "American Idol" alum Katharine McPhee
6. Archery bow wood
7. New Brunswick city
8. Medieval silk and gold fabric
9. Rugged cliff
10. Singer Ms. Turner's
11. Niagara Falls lookout structure: 2 wds.
12. __ harp (It sounds in the wind)
13. Equivalent word [abbr.]
21. Arctic __ cap
23. Warmth
24. Not: French
25. Social bug
26. Classic rock band's venture, perhaps: 2 wds.
27. Can. neighbor
29. Allow
32. Theatrical work
33. Theological sch.
36. Convene
39. "Footloose" (1984) star ...his initials-sharers
41. Classic board game
42. Pro golfer Ernie
43. "Let Your Backbone Slide" by __ Fresh-Wes
45. Condition
46. Causes
47. Rainbow shape
49. Aliens, for short
50. Caviar
53. Electrical resistance unit
55. Hiker's snack, __ mix
57. Painter's stand
59. Being, in Latin
60. 1996 to 2001 Canadian series, "Wind __ __ Back"
62. Cash dispenser, commonly
64. "Lady Marmalade" co-singer
66. 1980s starlet Ms. Zadora
67. "To __ is human..."
68. Book publisher, __ A. Talese

Yesterday's Crossword

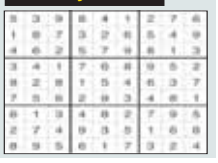


Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	1		7					
		2		1				5
		4		5	9	7	1	
		8						2
	2	3		7		9	6	
5						8		
	9	6	4	3		1		
3				8		5		
					6		3	

Yesterday's Sudoku



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Montreal	from $562
Chicago	from $584
Toronto	from $586
Santa Clara	from $611
New York	from $639
Cancun	from $679
Punta Cana	from $774
Costa Rica	from $798
Jamaica	from $835
Paris	from $964
Bangkok	from $1249
Auckland	from $1289

USA

Seattle 2 Nights
from $176
INCLUDES art-deco accom in the city centre. UPGRADE to 4-star accom from $10 per night. ADD Space Needle entry from $24.

Anaheim Family Special
Air + 3 Nights from $305◊
INCLUDES accom near theme parks. Price per person based on family of 4.

Las Vegas Air + 3 Nights 4-Star + Cirque du Soleil™ Tickets◊ from $471
INCLUDES airfare, airport transfers and 4-star accom on the Strip. BONUS choice of select Cirque du Soleil™ or other premium show tickets included◊. UPGRADE with show tickets to 5-star accom from $18 per night.

Phoenix Air + 3 Nights from $480
INCLUDES Mesa area accom near dining, shopping and golf.

California Air + 7-day Car from $499
INCLUDES airfare into San Francisco, return from San Diego and 7-day car rental with unlimited mileage. UPGRADE to convertible car from $18 per day.

New York Air + 3 Nights 4-Star from $762
INCLUDES Manhattan accom. ADD Empire State Building entry from $21.

Hawaii

Maui & Oahu
Island Hopper, Air + 8 Nights
from $1089
INCLUDES all airfare, 4 nights Maui accom and 4 nights Waikiki accom.

Honolulu Air + 5 Nights from $744
INCLUDES central Waikiki accom.

Kona Air + 7 Nights from $930
INCLUDES accom in an oceanfront resort near Kona Beach.

Maui Air + 7 Nights from $939
INCLUDES condo-style accom between Ka'anapali Beach and Kapalua Bay.

Hawaii
Air + 2 Nights + 12-Night Cruise from $1719
INCLUDES airfare, Waikiki accom and cruise sailing Vancouver to Honolulu visiting The Big Island, Maui, Kauai and Oahu. UPGRADE 4-star accom and oceanview stateroom from $25 per night.

Cruise & Stays

New York & Bermuda
Air + 2 Nights + 7-Night Cruise
from $1699
INCLUDES airfare, central New York City accom and cruise sailing roundtrip Bayonne visiting King's Wharf. UPGRADE to 4-star accom and oceanview stateroom from $20 per night.

Las Vegas & Panama Canal
Air + 3 Nights + 16-Night Cruise from $2029
INCLUDES airfare, Las Vegas accom on the Strip and cruise sailing Los Angeles to Miami visiting Cabo San Lucas, Puerto Vallarta, Huatulco, Puerto Chiapas, Puntarenas, Panama Canal, Cartagena and Ocho Rios. UPGRADE to 4-star accom and oceanview stateroom from $31 per night. ADD Miami Beach accom from $66 per night.

Venice & Greece
Air + 4 Nights + 7-Night Cruise from $2429
INCLUDES airfare, central Venice accom and cruise sailing roundtrip Venice visiting Corfu, Santorini, Mykonos and Olympia. UPGRADE to 4-star accom and oceanview stateroom from $15 per night.

Europe

London Air + 6 Nights
from $1332
INCLUDES central accom near Earls Court. ADD Red Rover Thames hop-on hop-off tour from $16.

Budapest Air + 8 Nights from $1599
INCLUDES accom on the banks of the Danube River. UPGRADE to 4-star accom from $22 per night. ADD extreme caving tour from $43.

Munich & Berlin
Air + 8 Nights from $1788
INCLUDES all airfare, 4 nights Munich accom and 4 nights Berlin accom.

Paris & Amsterdam
Air + 8 Nights from $2068
INCLUDES all airfare, 4 nights central Paris accom with kitchen and 4 nights Amsterdam accom near Dam Square.

Ski Vacations

Big White
3 Nights + 2-Day Lift Pass from $414pp
INCLUDES Village accom and 2-day lift ticket to ski Big White.

Whistler Spring Break, 4 Nights from $534pp
INCLUDES slopeside accom on Blackcomb Mountain. ADD 3-day lift ticket to ski Whistler from $122 per day.

All-inclusive Vacations

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from $921

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Varadero 7 Nights 4-Star	from $1121
Los Cabos 7 Nights 4-Star	from $1137
Punta Cana 7 Nights 4.5-Star	from $1145
Panama 7 Nights 4-Star	from $1182
Riviera Maya 7 Nights 4-Star	from $1209
Cancun 7 Nights 4.5-Star	from $1326
Jamaica 7 Nights 4-Star	from $1431

Vacations

Bali Air + 9 Nights
from $1659
INCLUDES hilltop accom overlooking the Bay of Tanjung Benoa.

Buenos Aires Air + 7 Nights from $1418
INCLUDES central accom near the Plaza de Mayo.
ADD city tour from $11.

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PHOTO: THINKSTOCK

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CIBC LUNAR FEST,
Feb. 15 to 17

Celebrate the Year of the Snake with music, dancing and more at the Vancouver Art Gallery.

PHOTO: THE ASSOCIATED PRESS

VANCOUVER COMEDY FEST,
Up to Feb. 17

Catch comics from around the world including Margaret Cho and Bob Saget.

PHOTO: GETTY IMAGES

VANCOUVER GIANTS VS. KAMLOOPS BLAZERS, *Feb. 22*

Only $25 gets you a rink-side seat to watch Vancouver's up-and-coming hockey stars.

PHOTO: THE CANADIAN PRESS

WINTER FARMERS' MARKET,
Saturdays from 10 a.m. to 2 p.m.

Browse the diverse stalls for local fresh vegetables, meat and prepared food.

PHOTO: THINKSTOCK

WAR OF 1812 EXPERIENCE AT CANADA PLACE, *Ongoing*

An interactive look at how Canada blocked an American invasion and built a nation.

PHOTO: TE CANADIAN PRESS

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